

Cycling Guide 3

CUDWORTH & WORSBROUGH

Starting Point: Carrs Lane, Cudworth.

Distance: 12.8 miles (20.6 km).

Grade of difficulty: Easy

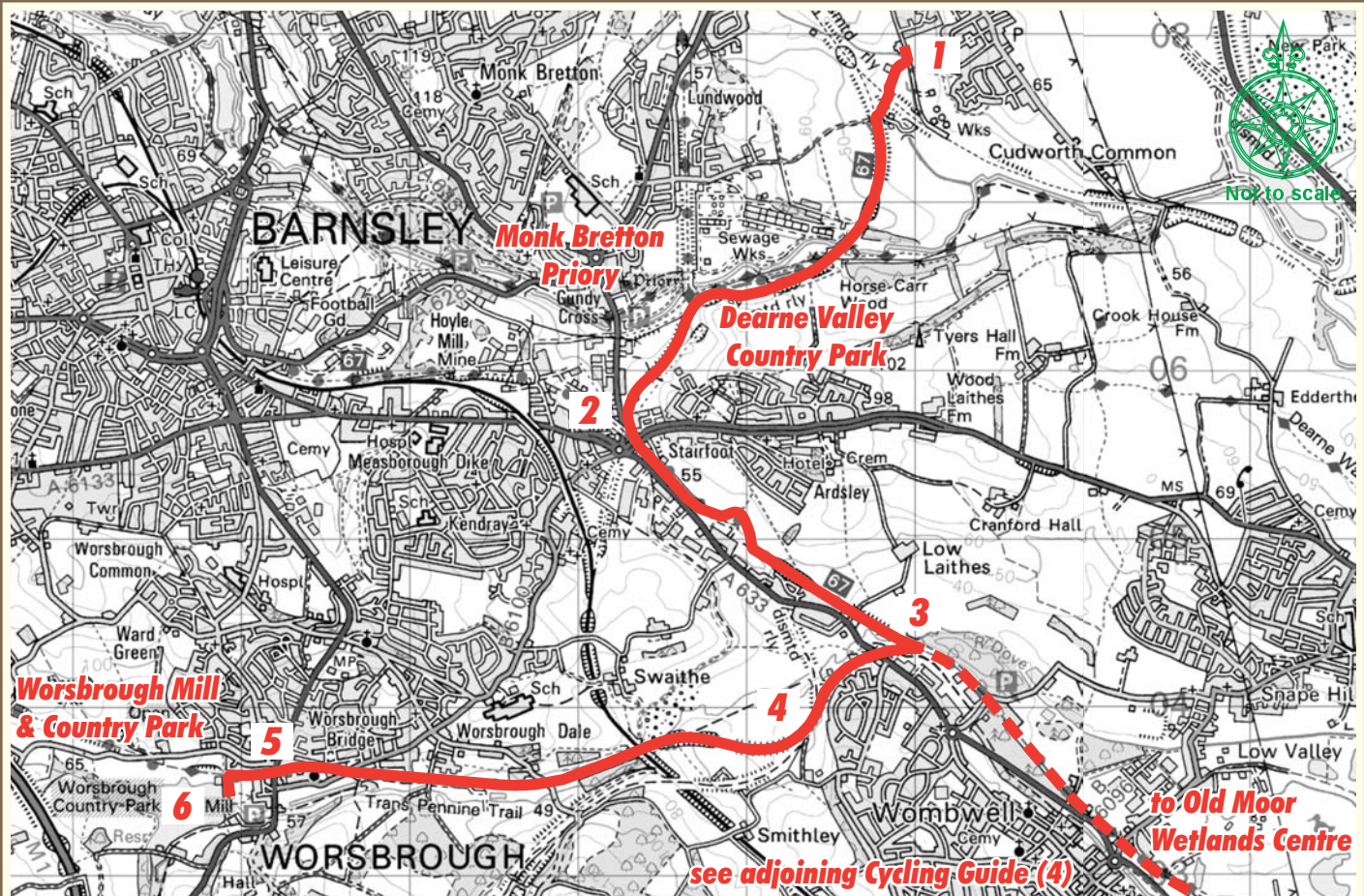
Time: Allow yourself 120-130 mins.



Worsbrough Mill

Information in this cycling guide can be made available in large print. This route is being assessed for mobility and sensory impaired users. For further information please contact BMBC Planning and Transportation Service on 01226 772655.

1 Start from Ring Farm (Police Stables), Carrs Lane, Cudworth. Going out of Cudworth keep right at the first fork going under the old bridge and up the stony track to the Trans Pennine Trail (TPT) barrier. Go through the barrier and along the tarmac Trail to Stairfoot. **2** Cross the A635 Doncaster Road (with care) and go up the ramp; follow the Trail to the next TPT sign at Aldham (signposted 'Worsbrough 2.5m'). **3** Turn sharp right back onto the Dove Valley Trail; cross the bridge over Barnsley Road and continue on to a fork in the trail. **4** Keep right (signposted 'Silkstone Common') following the Trail to the cyclists controlled lights on the A61 Park Road, Worsbrough Bridge. **5** Cross the road (with care) and rejoin the Trail opposite until you reach a sign close to the bridge (signposted 'Worsbrough Mill'). Left through the barrier and down the track to Worsbrough Mill. **6** Return to Cudworth by the same route back to the start of your ride.



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