

Health and Wellbeing

Allergies Policy

Statutory Framework for the Early Years Foundation Stage

Quote Reference 3:47

'Where children are provided with meals, snacks and drinks, they must be healthy, balanced and nutritious. Before a child is admitted to the setting, the provider must also obtain information about any special dietary requirements, preferences food allergies that the child has and any special health requirements. Providers must record and act on information from parents and carers about a child's dietary needs'

Purpose of the Policy

The purpose of the policy is to ensure all children are provided with meals, snacks and drinks which meet their special dietary needs taking into account any diagnosed allergies.

We Aim to:

- Ensure where a child has a diagnosed allergy all staff are aware of this and how to react in case an emergency arises.
- Assess the risks to children who have diagnosed allergies and seek to limit these by having appropriate procedures in place.
- Comply with legal requirements as set out by the Food Standards Agency.
- Ensure all staff are aware when a child has an intolerance to a particular food\foods\substance.

What parents should do:

- Inform and update a member of staff of any diagnosed allergies your child has and any medication they have to take for these allergies or medical procedures that must be performed as a result of these allergies.

- Provide information to the health/medical professional\ s who diagnosed or are providing your child with care for the allergy as they contacted to support the development of an appropriate care plan.
- If your child has intolerance to a particular food\foods\substance please inform us.

N.B If your child has intolerance to a food\substance and this has not been diagnosed as an allergy it will be treated as intolerance and no care plan will be put in place.

What we will do:

- Prior to children commencing at the Family Centre we will ask you to provide information about your child's special dietary requirements, diagnosed food\substance allergies, any special health requirements and any intolerances.
- Carry out risk assessments appropriate to the identified diagnosed allergies children have within the Family Centre
- Develop a care plan for those with diagnosed allergies with support from parents and involve and gain approval from relevant health\medical professionals. The Care Plan will include the appropriate procedure to use if an emergency occurs.
- Provide staff with guidance **Advice on Food Allergen Labelling** and have the **Food Standards Agency Allergens Poster** on display in the food preparation area and also in an area where groups/parents can easily access the information
- Make all staff aware of any child who has any food\substance intolerance and produce a visual display in the snack consumption and food preparation area (any other area as appropriate to the allergy e.g. for a latex allergy this would be the nappy changing area) to minimise the risk of the child eating or coming into contact with the food\substance.
- Deal with any reaction to food intolerance appropriate to the reaction using first aid training knowledge and or usual emergency first aid procedures.