

## Health and Wellbeing

### Smoke Free Policy

## Statutory Framework for the Early Years Foundation Stage 2014

### Quote Ref: 3.56

*'Providers must not allow smoking in or out of the premises when children are present or about to be present'*

### **Purpose of the Policy**

The purpose of this policy is to ensure the Family Centre's provides a safe and healthy environment for the staff children and families who access the centre. The centre must comply with the legal and statutory duty under the Health Act 2006 and the Smoke-free (Premises and Enforcement, Regulations 2006) to deliver a smoke free environment.

### **We Aim to:**

- Ensure there is no smoking within the Family Centre premises and grounds and out of sight of the children and families within the building and grounds.
- Support parents and staff to give up smoking
- Draw parents/carers attention to the risks posed by children breathing in second hand smoke (passive smoking).

For the purposes of this policy the term 'smoking' refers to the action of putting a cigarette, cigar, pipe or cigarette like item to the mouth, whether the item contains tobacco/nicotine or not (including the use of electronic cigarettes). NB: It should be noted that wherever the word smoking is used in this policy it refers to e-cigarettes as well as cigarettes containing tobacco.

### **What you should do:**

- Not smoke within the Family Centre building or grounds or within sight of the premises.

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Policy Approved by: ECS, Senior Management Team  
Policy Issue Date: 1.4.2019  
Next Review Date: April 2020

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- Be aware that smoking whilst your child is present or smoking outside the house while windows and doors are open puts your child at risk of breathing in smoke which can affect their health and development.
- Be aware that it is illegal to smoke in your car whilst there is a child under 18 in the car.
- Seek support from Family Centre staff if you wish to stop smoking.

**What we will do:**

- Staff will follow BMBC's Smoking at Work Policy and will not smoke whilst wearing Family Centre uniform. If staff wish to smoke off site during breaks, they will be required to provide their own none uniform clothing; this should be stored away from other clothing and their uniform. They must ensure they wash their hands and freshen their breath before returning to work.
- Anyone found smoking within the Family Centre, its grounds or directly outside the entrance will be asked to extinguish their cigarette immediately or will be asked to leave the premises, grounds or entrance area.
- Where ever possible the Family Centre will actively promote clean and smoke free air beyond the Family Centre provision and grounds by providing information and advice for staff/parents/carers on keeping their homes, cars and children free from 'second hand' smoke.
- If staff have any concerns about a child arriving at nursery smelling of smoke or believe parents have been smoking in the car on the way to nursery a Cause for Concern Form will be completed and passed to the Designated Safeguarding Lead to be actioned.
- Provide fact sheets, leaflets and posters.
- Provide information of local Stop Smoking Services including the NHS quit smoking helpline [www.smokefree.nhs.uk](http://www.smokefree.nhs.uk)
- Offer in-house support by trained staff members or external agencies.
- Ensure staff have a knowledge and understanding of legislation, data and current public health messages in relation to tobacco control and the wider smoke free agenda.

- When leaving the centre's grounds for walks, coach trips and other excursions, staff will endeavour to keep children and parents possible in a smoke free environment i.e. smoke free bus.