


On-going Learning Experiences for Active Physical Play 36-60 + Months

	<p>Key learning opportunities for this area: Unique Child</p>	<p>What the adult will do: Positive relationships</p>	<p>What the adult will provide: Enabling Environments</p>
<p>Promoting how children may learn</p>	<p>PSED and CL: Support children with and note their progress with developing relationships and their communication with adults and peers: PSED Note children’s attitudes, involvement and interaction CL Learn new words rapidly, uses gestures sometimes with limited talk (22-36) Uses a variety of questions, uses simple sentences (22-36) Uses talk to connect ideas, explain what is happening and anticipate what might happen next (30 – 50mths) Shows understanding of prepositions such as ‘under’, ‘on top’, ‘behind’ by carrying out an action (30 – 50mths)</p>	<p>Support children to persevere and “have a go” Offer praise and encouragement Support children to negotiate over resources and take turns Role model skills, for example throwing and catching</p>	<p>Basic Resources Outdoor area with climbing/balancing equipment Wheeled toys (cars, scooters & bikes) Large outdoor sand tray Grassed area Resources to enhance Add additional resources such as hoops, balls, bean bags, skipping ropes</p>
<p>Playing and Exploring: Initiating activities Seeking challenge Showing a ‘can do’ attitude</p>	<p>Physical: Walks upstairs and downstairs holding onto a rail two feet to a step (22-36) Climbs confidently and is beginning to pull themselves up on nursery play climbing equipment (22-36) Can kick a large ball (22-36) Beginning to recognise danger and seeks support of significant adults for help (22-36). Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping (30-50) Mounts stairs, steps or climbing equipment using alternate feet (30-50) Walks downstairs, two feet to each step while carrying a small object (30-50) Runs skilfully and negotiates space</p>	<p>Key Vocabulary and Questions</p>	<p>Organisation Regular access to the outdoor area. Adult supervision of activities</p> <p>This week’s enhancements/resources</p>
<p>Active Learning: Maintaining focus on their activity for a period of time Showing high levels of energy, fascination Persisting with activity when challenges occur Showing a belief that more effort or a different approach will pay off Bouncing back after difficulties Showing satisfaction in meeting their own goals</p>		<p>Peddle, ride, climb, balance, step, up, down, throw, catch, roll, kick, legs, feet, arms, fingers, jump, run, hop, skip, number names, colour names, children’s names, in, out, coats, fasten, fast, slow, start, stop, backwards, forwards, side, under, over, next to, on, above</p>	

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<p>Creating and Critical Thinking: Finding new ways to do things</p>	<p>successfully, adjusting speed or direction to avoid obstacles (30-500) Can stand momentarily on one foot when shown (30-50) Can catch a large ball (30-50) Experiments with different ways of moving (40-60) Jumps off an object and lands appropriately. (40-60) Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. (40-60) Travels with confidence and skill around, under, over and through balancing and climbing equipment. (40-60) Shows increasing control over an object in pushing, patting, throwing, catching or kicking it. (40-60)</p> <p>Understanding the World: Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.(30-50) Can talk about some of the things they have observed such as plants, animals, natural and found objects. (30-50)</p>		
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