

Self-Neglect and Hoarding Risk Matrix Score

Active monitoring of risks and actions taken to mitigate these are essential to evidence effective management of self-neglect and/or hoarding cases. The table below should be completed

- At each meeting the chair must agree the revised score with attendees
- By the coordinator of the case, following receipt of data on the case; this should be shared promptly with all agencies/individuals involved with the case.
- Use of the guidance will improve consistency



Date(meeting or virtual	Summary of risk	Actions/ timescale and owner?	Initial risk	Updated risk	Summary of impact on risk. New actions agreed?
update)			score	score	
	How do you get in and out of your				
	property, do you feel safe living here?				
	Have you ever had an accident, slipped,				
	tripped up or fallen, how did it happen?				
	How have you made your home safer				
	to prevent this (above) from happening again?				
	How do you move safely around your home (where the floor is uneven or				
	covered, or there are exposed wires,				
	damp, rot, or other hazards)?				
	Do you have hot water and/or heating,				

lighting in all your rooms? When was		
your boiler or meters last		
tested/serviced?		
Do you have an open bar fire,		
convection heater or calor gas heater?		
When did you last go out in your		
garden? Do you feel safe to go out		
there?		
Are you worried about other people		
getting in to your garden to try and		
break-in? Has this ever happened?		
Are you worried about mice, rats or		
foxes, or other pests? Do you leave		
food out for them?		
Have you ever seen mice or rats in your		
home? Have they eaten any of your		
food? Have you seen them upstairs?		
Can you prepare food, cook and wash		
up in your kitchen?		
Do you use your fridge? Can I have look		
in it? How do you keep things cold in		
the hot weather?		
How do you keep yourself clean? Can I		
see your bathroom? Are you able to		
use your bathroom and use the toilet		
ok?		
Can you show me where you sleep and		
let me see your upstairs rooms? Are		
the stairs safe to walk up? (if there are		
any). Are you able to change your bed		

	linen regularly?			
	When did you last change them? What			
	do you do with your dirty washing?			
	How do you keep yourself warm			
	enough at night if you are not sleeping			
	in a bed?			
	Have you got extra coverings to put on			
	your bed if you are cold?			
	Are there any broken windows in your			
	home? Does your heating work? Have			
	you any repairs that need doing?			
	When did you last see your GP? Have			
	you missed any appointments with the			
	GP or other medical services? Have you			
	experienced weight loss recently?			
	Have you had a Home Safety Check by			
	SYFR?			
The follow				estions is yes, then concerns should be reported as a
		Rescue service and raise	d through the pract	tioner's line management system.
	Have you ever had a fire in this			
	property?			
	Do you ever use candles or an open			
	flame to keep you warm or instead of			
	electric lights?			
	Do you ever cook on a camping gas or a			
	barbeque inside your home?			
	Do you use your gas cooker or portable			
	heater to heat your home?			
	Do you dry clothing on or close to			
	portable heaters / gas fires?			

Do you have clear escape routes in and		
out of the property?		
If you keep your doors and windows		
locked, are the keys near them if you		
need to open them to get out?		
Are you able to use a window in the		
event of a fire to call for help or get		
fresh air?		
Do you have a phone – landline or		
mobile or an alarm to ask for help?		