## Working together to help children, young people and families

# HELPING YOU WITH EARLY HELP

## Practical training and support for practitioners

All practitioners need the skills and knowledge to effectively deliver early help and a commitment to work together to make it happen.

This leaflet sets out the comprehensive programme of support available to you to ensure you understand what early help is and the role played by you and partner services to effectively deliver early help to children, young people and families.

The aim of the programme is to support you to build your confidence and skills to work collaboratively with others, putting the child and the family at the centre of everything you do.



#### Early Help - What We Do

#### Workshop 1 – What is Early Help? – Early Help is everyone's responsibility

This workshop is for all staff who come into contact with children, young people and families in their day to day role.

This interactive two hour workshop will help you to understand the whole family approach to early help.

Using group discussion, exercises and good practice examples, you will work with colleagues from a wide range of services within Barnsley to understand the role everyone plays in early help, what early help looks like and how to support families to engage in early help.

#### Early Help - When We Do It

#### Workshop 2 – When to do Early Help – Understanding Thresholds

This workshop is for all staff who work with children, young people and families and whose role includes a responsibility to identify and meet the needs of children and young people.

This two hour workshop will help you to identify the role of the continuum of assessment within your own practice.

You will learn how to use the threshold guidance to support the assessment of need and determine the right level of intervention. You will develop your knowledge of how to access advice and support and gain an understanding of the relevant pathways of support.

#### Early Help - How We Do It

### Workshop 3 – How to do Early Help -The early help toolkit

This workshop is for practitioners with a direct role in delivering early help. This practical three hour workshop will help you to gain knowledge, skills and confidence to enable you to provide effective and practical early help to families.

Using interactive exercises, case studies and the range of tools and support available to you as a practitioner, you will learn how to complete an early help assessment capturing the voice of the child and the family. You will gain an understanding of the different pathways of support and advice available to children, young people and families and how to

The workshop will also help you to develop your skills to manage relationships and expectations and build your confidence to effectively deliver early help.

For more details about the workshops or to book a place, access our <u>early help training page</u>

#### **Practitioner support and useful tools**

*Online -* Early Help Toolkit for Practitioners – a toolkit of practical resources, tools, guidance and information.

**Early Help Champions** - We are developing a team of early help champions across all partner organisations that are available to provide you with support, advice and guidance about early help. Visit the <u>Early Help Toolkit for Practitioners</u> for more details about the support on offer. If you are interested in getting involved and becoming an Early Help Champion, please contact <u>earlyhelp@barnsley.gov.uk</u>. Full training and support will be provided.

#### Ensuring early help is making a difference

We will continuously review our early help training offer to make sure it is providing the right support for you and for children, young people and families. We'd love to hear your feedback or ideas for improvement - please contact Laura Hammerton on 01226 775986 or email <a href="mailto:laurahammerton@barnsley.gov.uk">laurahammerton@barnsley.gov.uk</a>