

Keeping adults safe from abuse and neglect

Safeguarding Adults

Who can be helped to stop abuse and harm?

- Anyone over the age of 18
- Who needs care, help or support some or all of the time to stay safe
- And they need help to stop the abuse or harm happening to them

**We all have
the right to live
free from harm
and abuse
and you will be
helped to stop it
happening.**

Who harms or abuses adults?

- Family
- Friends
- Workers
- Carers
- Volunteers
- Anyone who helps or supports you

Where can this happen?

- In the adult's home
- In care homes and hospitals
- In public
- At work
- Community and social groups
- In the local community

What can I do?

Abuse is wrong. To get help to stop it:

- Tell a worker or family member you trust and ask them to get help from adult social care
- Ring Adult Social Care on 01226 773300 or text 61009 (start your text with the word – SAFE) and tell us what is happening
- Ring the police on 101 if it is not an emergency or 999 if you need help straight away

What will happen next?

Adult Social Care (a social worker) will ask you what you want to happen and how they can help you stop the harm. They will agree a plan with you to do this.

For more information go to our website...

What sort of things might happen to harm me?

(these are some examples)

- Family, friends, carers or workers may take money off you without you knowing or borrow money and never pay it back (*financial abuse*).
- Someone might touch you on a private part of your body or force you to have sex with them when you don't want to (*sexual abuse*).
- A care worker or a family member slaps you when you don't get up when they tell you to (*physical abuse*).
- You need help from a worker/carer or family member to shop, cook or eat. They often leave you with no food and turn your heating off. You have missed hospital appointments as they didn't take you. (*Neglect*).
- You are told you are "stupid" and to "behave" otherwise you will be put in a care home (*emotional abuse*).
- You use a wheelchair and have problems speaking. When you go out neighbours make fun of you and have pushed your chair over (*discriminatory abuse and hate crime*).
- You don't like throwing anything away and are not keen on visitors coming into your home. You now can't get into the kitchen or bathroom due to the clutter and are not eating properly (*self-neglect/hoarding*).
- You live in a care home; you and other people are often to put to bed before 7.30pm and often left even if you buzz for help. Staff are angry and shout a lot (*organisational abuse*).