

IAPT Referral Process

IAPT services are identified through direct contact/Pathway Planning.

Telephone Referral

01226 644900

On-line Referral

<https://www.barnsleyiapt.co.uk>

The telephone call should be completed alongside the Young Person. The Young Person will need to give verbal consent for their PA to act on their behalf and to share information. This will be uploaded to IAPT's computer system. Once consent is given the PA can talk through the referral on the young person's behalf. Brief information is collected. It is important to inform the IAPT Admin worker that the PA is supporting the young person in order that the PA can attend the Screening Appointment. You may need to speak with the Duty worker if the referral is complicated and may not meet the criteria. Referrals may be signposted to the right service at this point.

The On-line referral should be completed alongside the Young Person. Be clear that the Young Person would like to be supported by their PA and give PA details. These will be uploaded on their system and the PA will be able to phone to track the referral.

A Screening Appointment will be given approximately within 7 days of the referral. The Screening Appointment can be rearranged if inconvenient. An alternative appointment may be given immediately on the phone or a letter will be sent out to the young person. The PA can attend the Screening Appointment to support the young person.

IAPT will send a text to the young person 2 days before the appointment as a reminder.

If the young person failed to rearrange the first Screening Appointment and did not attend, they will be discharged.

The young person will need to talk through the Screening Appointment. It is important that the young person gives permission for their PA to receive a copy of their Treatment Appointment Letter.

It should be noted the young person will be placed on a waiting list. This should be recorded on the Young Person's file. Waiting times may vary.

A letter will be sent to the young person's home address with a 'Treatment Appointment'

A copy of this letter is sent to the young person's GP alongside the Treatment Plan. A copy will be sent to the PA if permission was given at Screening.

DNA will result in a discharge from Service.