

BARNSLEY JOINT STRATEGIC NEEDS ASSESSMENT (JSNA)

Chapter (Integrated Care Outcomes Framework Domain): RESILIENCE AND EMOTIONAL WELLBEING

Theme: ACCESS TO PSYCHOLOGICAL THERAPIES

ICOF Indicator: IMPROVING ACCESS TO PSYCHOLOGICAL THERAPIES (IAPT)

Why is this important?:

Around one in six adults in England suffer from a common mental health problem, such as depression or an anxiety disorder. The effectiveness of local IAPT services is measured using this indicator and the IAPT access rate which focuses on the access to services as a proportion of local prevalence. Research evidence indicates that 50% of people treated with Cognitive Behavioural Therapy (CBT) for depression or anxiety conditions recover during treatment. The use of CBT and evidence based psychological therapies for the treatment of depression and anxiety is outlined in the relevant NICE quality standards.

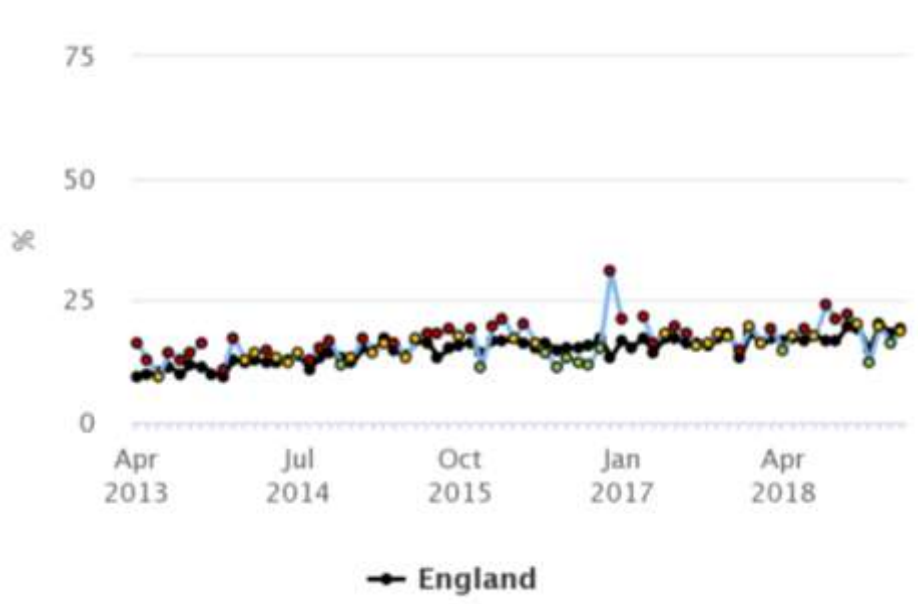
The Barnsley picture and how we compare:

Access to IAPT services: people entering IAPT (in month) as a percentage of those estimated to have anxiety/depression:

Definition:

The number of people entering IAPT services as a proportion of those estimated to have anxiety and/or depression i.e. the proportion of people who have depression and/or anxiety disorders who receive psychological therapies

Trend data: England and Barnsley (March 2017 to Mar 2019)



Period		NHS Barnsley CCG				Neighbors	England
		Count	Value	Lower CI	Upper CI		
Mar 2017	●	475	21.7%	20.0%	23.4%	19.6%*	17.2%
Apr 2017	●	355	16.2%	14.7%	17.8%	17.2%*	14.5%
May 2017	●	405	18.5%	16.9%	20.1%	18.1%*	17.2%
Jun 2017	●	430	19.6%	18.0%	21.3%	18.6%*	17.1%
Jul 2017	●	400	18.2%*	16.7%	19.9%	17.5%*	16.3%
Aug 2017	●	345	15.7%*	14.3%	17.3%	17.5%*	16.3%
Sep 2017	●	355	16.2%*	14.7%	17.8%	16.8%*	15.8%
Oct 2017	●	395	18.0%	16.5%	19.7%	18.3%*	17.1%
Nov 2017	●	385	17.6%	16.0%	19.2%	17.9%*	18.4%
Dec 2017	●	330	15.0%	13.6%	16.6%	13.4%*	13.4%
Jan 2018	●	430	19.6%*	18.0%	21.3%	19.7%*	18.3%
Feb 2018	●	360	16.4%*	14.9%	18.0%	16.8%*	16.1%
Mar 2018	●	420	19.2%*	17.6%	20.9%	17.0%*	17.2%
Apr 2018	●	330	15.0%*	13.6%	16.6%	16.0%*	16.7%
May 2018	●	390	17.8%*	16.2%	19.4%	18.1%*	17.1%
Jun 2018	●	420	19.2%*	17.6%	20.9%	16.9%*	17.0%
Jul 2018	●	390	17.8%*	16.2%	19.4%	17.1%*	17.5%
Aug 2018	●	525	23.9%*	22.2%	25.8%	17.1%*	17.0%
Sep 2018	●	460	21.0%*	19.3%	22.7%	17.5%*	16.7%
Oct 2018	●	485	22.1%*	20.4%	23.9%	21.2%*	19.9%
Nov 2018	●	440	20.1%*	18.4%	21.8%	20.1%*	19.5%
Dec 2018	●	270	12.3%*	11.0%	13.8%	14.1%*	14.9%
Jan 2019	●	430	19.6%*	18.0%	21.3%	20.2%*	20.3%
Feb 2019	●	360	16.4%*	14.9%	18.0%	18.5%*	18.2%
Mar 2019	●	415	18.9%*	17.3%	20.6%	20.3%*	19.1%

Source: Improving Access to Psychological Therapies (IAPT)

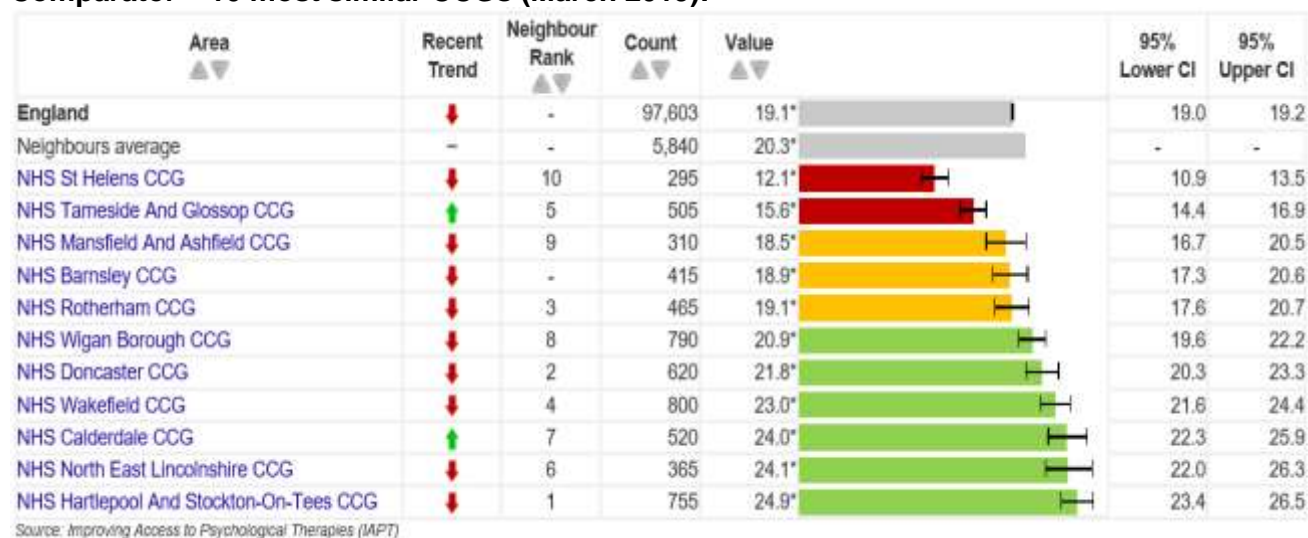
Barnsley's current rate (March 2019) of people entering IAPT as a percentage of those estimated to have anxiety/depression (18.9%) is similar to the England average of 19.1%

Comparator – Yorkshire and the Humber (March 2019):



When compared to other Clinical Commissioning Groups (CCGs) within the Yorkshire and The Humber region, Barnsley is ranked 6th lowest out of 20.

Comparator – 10 most similar CCGs (March 2019):



When compared to 'similar' CCGs, Barnsley is ranked 4th lowest out of 11.

Resources and supporting documents:

Link to data:

<https://fingertips.phe.org.uk/profile-group/mental-health/profile/mh-jsna>