BARNSLEY JOINT STRATEGIC NEEDS ASSESSMENT (JSNA)

Chapter (Integrated Care Outcomes Framework Domain): RESILIENCE AND EMOTIONAL WELLBEING

Theme:

ACCESS TO PSYCHOLOGICAL THERAPIES

ICOF Indicator:

IMPROVING ACCESS TO PSYCHOLOGICAL THERAPIES (IAPT)

Why is this important?:

Around one in six adults in England suffer from a common mental health problem, such as depression or an anxiety disorder. The effectiveness of local IAPT services is measured using this indicator and the IAPT access rate which focuses on the access to services as a proportion of local prevalence. Research evidence indicates that 50% of people treated with Cognitive Behavioural Therapy (CBT) for depression or anxiety conditions recover during treatment. The use of CBT and evidence based psychological therapies for the treatment of depression and anxiety is outlined in the relevant NICE quality standards.

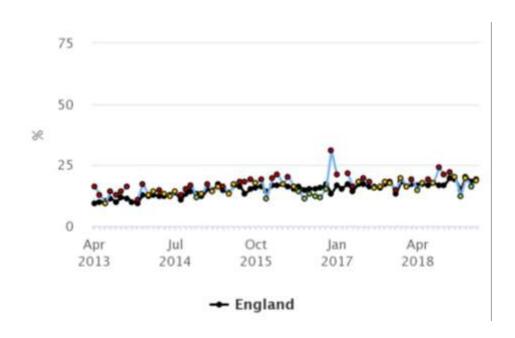
The Barnsley picture and how we compare:

Access to IAPT services: people entering IAPT (in month) as a percentage of those estimated to have anxiety/depression:

Definition:

The number of people entering IAPT services as a proportion of those estimated to have anxiety and/or depression i.e. the proportion of people who have depression and/or anxiety disorders who receive psychological therapies

Trend data: England and Barnsley (March 2017 to Mar 2019)



Period		NHS	Neighbrs	England				
renou		Count	Value	Lower CI Upper CI		Neighbis	England	
Mar 2017	0	475	21.7%	20.0%	23.4%	19.6%	* 17.2	
Apr 2017	0	355	16.2%		17.8%			
May 2017	0	405	18.5%		20.1%			
Jun 2017	0	430	19.6%		21.3%			
Jul 2017	0	400	18.2%*		19.9%			
Aug 2017	0	345	15.7%*		17.3%			
Sep 2017	0	355	16.2%*	1 112 11	17.8%			
Oct 2017	0	395	18.0%		19.7%			
Nov 2017	0	385	17.6%		19.2%			
Dec 2017	0	330	15.0%		16.6%			
Jan 2018	0	430	19.6%*	1 - 1 - 1 -	21.3%			
Feb 2018	0	360	16.4%*	1 - 1 - 1 -	18.0%			
Mar 2018	0	420	19.2%*		20.9%			
Apr 2018	•	330	15.0%*		16.6%			
May 2018	0	390	17.8%*		19.4%			
Jun 2018	0	420	19.2%*	17.6%	20.9%			
Jul 2018	0	390	17.8%*	16.2%	19.4%			
Aug 2018	0	525	23.9%*	22.2%	25.8%			
Sep 2018	0	460	21.0%*	19.3%	22.7%			
Oct 2018	0	485	22.1%*	20.4%	23.9%	21.2%	* 19.99	
Nov 2018	0	440	20.1%*	18.4%	21.8%	20.1%	* 19.5	
Dec 2018	•	270	12.3%*	11.0%	13.8%	14.1%	* 14.9	
Jan 2019	0	430	19.6%*	18.0%	21.3%	20.2%		
Feb 2019	•	360	16.4%*	14.9%	18.0%	18.5%	* 18.2	
Mar 2019	0	415	18.9%*	17.3%	20.6%	20.3%	* 19.19	

Barnsley's current rate (March 2019) of people entering IAPT as a percentage of those estimated to have anxiety/depression (18.9%) is similar to the England average of 19.1%

Comparator - Yorkshire and the Humber (March 2019):

Area	Recent	Count	Value		95% Lower CI	95% Upper CI
England		97,603	19.1*	1	19.0	19.2
North East and Yorkshire (Yorkshire and Humber) NHS region		9,495	18.4*		-	-
NHS North Kirklees CCG		175	7.3		6.4	8.5
NHS Leeds CCG		995	11.4"		10.7	12.1
NHS Greater Huddersfield CCG		300	12.6"		11.3	14.0
NHS Vale Of York CCG		375	14.4"	-	13.1	15.8
NHS Harrogate And Rural District CCG		190	14.9*		13.1	17.0
NHS Barnsley CCG		415	18.9*	1 1	17.3	20.6
NHS Rotherham CCG		465	19.1*	1	17.6	20.7
NHS Scarborough And Ryedale CCG		170	19.2*	-	16.7	21.9
NHS Hull CCG		605	19.5*	- 1	18.2	21.0
NHS Sheffield CCG		1,135	20.5*	- I	19.4	21.6
NHS Bradford City CCG		165	20.6*		17.9	23.5
NHS Airedale, Wharfdale And Craven CCG		330	21.7*	10 111	19.7	23.8
NHS Doncaster CCG		620	21.8*	H-1	20.3	23.3
NHS Bradford Districts CCG		785	22.8*		21.4	24.2
NHS Wakefield CCG		800	23.0*		21.6	24.4
NHS East Riding Of Yorkshire CCG		545	23.0*	- 19 1 − 1	21.4	24.8
NHS Bassetlaw CCG		190	23.1*	100	20.3	26.1
NHS Calderdale CCG		520	24.0*		22.3	25.9
NHS North East Lincolnshire CCG		365	24.1*	111	22.0	26.3
NHS North Lincolnshire CCG		350	31.2*	-	28.6	34.0

When compared to other Clinical Commissioning Groups (CCGs) within the Yorkshire and The Humber region, Barnsley is ranked 6th lowest out of 20.

Comparator - 10 most similar CCGs (March 2019):

Area ≜.▼	Recent Trend	Neighbour Rank	Count ≜₹	Value ▲▼		95% Lower CI	95% Upper CI
England		14	97,603	19.1*	J	19.0	19.2
Neighbours average	-	12	5,840	20.3*	130		
NHS St Helens CCG		10	295	12.1*		10.9	13.5
NHS Tameside And Glossop CCG		5	505	15.6*		14.4	16.9
NHS Mansfield And Ashfield CCG		9	310	18.5*		16.7	20.5
NHS Barnsley CCG		-	415	18.9*	1	17.3	20.€
NHS Rotherham CCG		3	465	19.1*		17.6	20.7
NHS Wigan Borough CCG		8	790	20.9*	-	19.6	22.2
NHS Doncaster CCG		2	620	21.8*	1-1	20.3	23.3
NHS Wakefield CCG		4	800	23.0"	1	21.6	24.4
NHS Calderdale CCG		7	520	24.0"		22.3	25.9
NHS North East Lincolnshire CCG		6	365	24.1"	-	22.0	26.3
NHS Hartlepool And Stockton-On-Tees CCG		1	755	24.9*		23.4	26.5
Source: Improving Anness to Doughological Tharanias (IADT)							

When compared to 'similar' CCGs, Barnsley is ranked 4th lowest out of 11.

Resources and supporting documents:

Link to data:

https://fingertips.phe.org.uk/profile-group/mental-health/profile/mh-jsna