

1 Aim of the Report

To raise governors' awareness to the changes to Personal, Social, Health and Economic Education (PSHE) and Relationships, Sex and Health Education (RSE / HE).

2 Main Points

As of 2020, it will be mandatory for all primary schools to deliver relationships and health education and all secondary schools to deliver relationships, sex and health education.

The latest guidance from the government around this topic was the year 2000. Much has changed since those days, including the rise of the smartphone and social media, health concerns such as childhood obesity and greater understanding of the links between health and educational outcomes.

Many schools will already be delivering this curriculum however the updated guidance makes explicit a range of key topics that may not have been included in previous guidance such as relationships, emotional health and wellbeing and safeguarding issues such as exploitative relationships.

See below for an excerpt from the guidance regarding governor and management responsibility in relation to this.

Governing boards and school management committee should also make sure that:

- all pupils make progress in achieving the expected educational outcomes;
- the subjects are well led, effectively managed and well planned;
- the quality of provision is subject to regular and effective self-evaluation;
- teaching is delivered in ways that are accessible to all pupils with SEND;
- clear information is provided for parents on the subject content and the right to request that their child is withdrawn; and,
- the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations.

Foundation governors and trustees of faith academy trusts will also have wider responsibilities in relation to maintaining and developing the religious ethos of the schools.

3 **RECOMMENDATIONS**

- Governors and senior leadership teams to familiarise themselves with the updated guidance
- Consider how the updated guidance will impact on current practice for local schools and plan accordingly
- Encourage schools to provide briefing sessions for parents to view any proposed curriculum and answer any questions they may have
- Attend the PSHE Network on 12th June organised by the local authority where we will have Jonathan Baggaley (Chief Executive of the PSHE Association) providing an update to support schools around the changes to PSHE / RSE. Booking can found [here](#).

A copy of the main report is available [here](#)

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