

# Young Person's Guide to Elective Home Education





# What is Elective Home Education?

Elective Home Education (EHE) means that your parent or guardian has taken full responsibility for your education.

## What does this mean for you?

- You are now deregistered from school.
- Your parent/guardian has to provide a full-time efficient education suitable for your age, level, ability and any Special Educational Needs you may have.
- You can learn in any way you or your parent/guardian thinks will suit you including using online learning, private tutors or other adults, tuition centres or going to part time college (for Year 10 and Year 11).
- Being EHE means that neither your school or your local council provide any academic work or resources for you.
- There is no funding for EHE so your parents have to provide all resources including any devices you may need and pay for examinations (if you want to sit them).

If you are wondering what resources to use; if your work is the right level for you or if you have any examination/qualification questions, you can contact Laura Collins, Elective Home Education Advisor, via email **lauracollins2@ barnsley.gov.uk** or by calling **07443 301 881.** 

#### **Placement at Barnsley College**

You can attend a part-time course at Barnsley College when you are in Year 10 and 11. You have to be registered EHE for 6 months before you can attend college. As you are still registered EHE, you cannot get a bus pass or any money for lunches. A lot of young people would like to go to Barnsley College so there may be a waiting list. Your parent/guardian can arrange a place by contacting Barnsley College: **01226 216 216** or via the website: **https://www.barnsley.ac.uk/courses/14-16-provision/application-form-ehe-parent-carer/.** 

### Post-16 support

There is support for what to study post-16 through the Targeted Information and Guidance Service (TIAG). They can offer you a personal advisor to support you in applying for college places, interview skills, CV writing and much more. Contact TIAG: **01226 772711** or **tiag@barnsley.gov.uk.** 

### I Know I Can

You can self-refer from aged 13 to these centres and they can offer projects, activities, experiences and support to help you increase your confidence, aspire high and take ownership of your future. Website: https://ikic.co.uk/. Contact: ikicchallenges@barnsley.gov.uk.



#### **Return to school information**

If you do want to go back to school, your parent/guardian can arrange this through school admissions. Your parent/guardian can reapply to return to school at any time of the year. School Admissions can be contacted on: 01226 773677/773502/773670/773588. School transfer forms are here: https://www.barnsley.gov.uk/services/children-families-and-education/schools-and-learn-ing/school-admissions-and-transfers/transferring-schools/.

#### Useful numbers and contact details for support

As you are now EHE, there isn't the same support that you would get at school. There are a lot of different groups in Barnsley which can support you if you need it.

Health: While there isn't a school nurse for EHE, you can contact Barnsley 0-19 Public Health Service: **01226 774411** or **https://www. barnsleychildrenshealth.co.uk/.** 

Relationship information and sexual health: Spectrum can provide free support. Their website has a lot of information: https:// spectrumhealth.org.uk/. For free sexual health advice contact: 0800 0556442.

Sleep: sleep and anxiety information can be found at https://cerebra.org.uk/get-advice-support/sleep-advice-service/.



Mental health support: TADS (Therapies for Anxiety, Depression & Stress) works with young people in Barnsley aged 11 to 25 years with their emotional wellbeing. Contact: 01226 872120 or visit: https://www. tadsbarnsley.co.uk/. EHE young people can also be referred to Compass: telephone 01904 666371 or website https://www. compass-uk.org/services/barnsley-mhst/. Young Minds can also offer support: https:// youngminds.org.uk/. Childline: For one-to-one support on any issue 24 hours a day, seven days a week: 0800 1111 or https://www.childline.org.uk/.

Crisis support: When things get really bad, it's sometimes referred to as a crisis. There is a Children and Young People Mental Health Service (CAMHS) helpline available: **01226 644829.** 

LGBTQ+ support: SayIt offer support for LGBTQ+ young people in Sheffield and South Yorkshire: **0114 241 2728** or website **https://sayit.org.uk/.** For transgender support, contact Mermaids: **08088 010 400** and website **https://mermaidsuk.org.uk/** 

Alcohol and drug support: The Young People's Substance Misuse Service provides help and support to young people - and their families - who might be going through a difficult time with drug and alcohol use. Contact **01226 705980** or email **youngpeoplessubstancemisuseservice@ barnsley.gov.uk.** Frank can offer advice on drugs: **0300 1236600** or https://www. talktofrank.com/.

Eating disorders: Beat is the UK's leading charity for people with eating disorders and their families. Contact their youth line: 0808 801 0711 or website: https://www. beateatingdisorders.org.uk/.

Rape crisis and sexual abuse: BARCS (Barnsley Sexual Abuse and Rape Crisis Services) offers specialist services to people whose lives have been affected by rape, sexual abuse, sexual assault or any kind of sexual violence. Contact BSARS on **01226 320140**. Website: https://www.bsarcs.org.uk/.

Domestic abuse: IDAS is the largest specialist charity in Yorkshire supporting people affected by domestic abuse and sexual violence. Contact the helpline **03000 110 110.** Website: https://www.idas.org.uk/.