## Safeguarding adults and children is everybody's business!





## Safeguarding children:

We want to make sure Barnsley is a safe place for children and young people to grow up. We can all help make sure that every child in the borough is safe and well cared for. Child abuse happens when someone harms a young person, whether that's physical, sexual, emotional or involves neglect. They may be afraid to tell people or may struggle with feelings of guilt, shame and confusion - especially if the abuser is someone they trust. Whether you're worried about bullying and online abuse or grooming and neglect, the NSPCC has lots of great information on their website, including signs to look out for.

If you're a young person who thinks they're being mistreated, or know someone who is, it's important to let someone you trust know.

There is lots of support available to keep children safe and well, including the NSPCC, Childline, the police and children's social care services.

For more information on safeguarding children in Barnsley, and for advice if you're worried about a child's safety, visit our website.

If you're worried about a child's safety or wellbeing, call **01226 772423**. If you have an urgent concern to report outside of office hours, call **01226 787789**.

If it's an emergency, please call 999.

Visit barnsley.gov.uk/safeguarding for more information







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## Safeguarding adults:

We believe that everyone has a right to feel safe and to live without fear of abuse, neglect or exploitation at all times.

We need your help to protect adults who live in the borough, promote their wellbeing, and reduce the risk of harm for those with care and support needs.

Abuse comes in many forms, including physical, sexual, emotional and financial. It can be hard to spot, but there are common signs to look out for, like unexplained injuries and bruises, withdrawing from loved ones and behaviour changes.

If you're worried about abuse, hate crimes, self-neglect or hoarding, we can help!

If you feel you're being mistreated, harmed or abused, or you know someone who is, tell someone you trust and get help.

There is lots of support available locally to protect adults, including the police, local support groups and adult social care services.

For more information on safeguarding adults in Barnsley, including getting advice and reporting abuse, visit our website.

If you're worried about an adult's safety or wellbeing, call **01226 773300**. If you have an urgent concern to report outside of office hours, call **01226 787789**.

If it's an emergency, please call 999.

Visit <u>barnsley.gov.uk/safeguarding</u> for more information





