



Let's Hear Your Voice; Pupil Health and Lifestyle Survey

Facilitator Guide Sheet

About the survey

Let's Hear Your Voice is a pupil health and lifestyle survey for children and young people across Barnsley. To be eligible to take part pupils must be in year 4, 6, 8, 10 or in post 16 study. The survey covers a variety of different health and wellbeing topics and was created by the Children's Public Health Team at Barnsley Council.

There are three different versions of the survey to ensure that the questions are age appropriate. One each for:

- i) Year 4
- ii) Year 6
- iii) Year 8, 10 and post-16

The survey will be open from: **14th October 2022- 9th December 2022**

This should allow you some time to prepare how and when you will conduct the survey so as not to cause too much disruption to your teaching.

You may also want to plan for some class discussion time after the survey to gather feedback from pupils and allow for them to talk about any of the topics covered.

Before delivering the survey

We advise that you look through the documents on our Healthier Futures Webpage which will support you to communicate with parents, staff and pupils about the survey.

You can find the following documents:

- Staff survey presentation (with voiceover)
- Pupil presentation (primary and secondary)
- Leaflets and posters
- Parent Letter

They are located here: [Healthier Futures webpage](#)



We advise that you show the pupil presentation, so that they can make an informed decision about whether to participate. This could be delivered in a whole-year assembly or in the session before the survey is completed.

Pupils must complete the survey in a single sitting, as they will not be able to save and return to their responses. This is to preserve anonymity.

We recommend not completing the survey on a Monday or the week after school holidays.

Ahead of completing the survey, please consider any pupils who may need to be offered additional support and/or more time to complete the survey (this could potentially involve taking a 5 minute break halfway through). Encourage these pupils to use the read aloud option, as there are audio recordings for each question.

Before beginning the survey

Please make sure that pupils are in a comfortable environment, and each have access to their own online device so that they can complete their survey in privacy. Ideally, each pupil should also have access to headphones so that they can use the survey's audio function where necessary.

The questions are all multiple choice or scale rating questions, each with an audio option that can be accessed simply by pressing the play button under each question. The style of question differs so please encourage the pupils to read through the instructions and each question carefully.

Please encourage pupils to answer as many questions as they can, as it is important for schools to maximise participation so that we can gain an accurate insight into the health and lifestyles of children and young people in Barnsley. However, pupils can skip through any question they don't understand or don't want to answer.

Explain that the survey is not a test. Pupils are allowed to ask for help and that there are no right or wrong answers.

No child should be forced to complete Let's Hear Your Voice. It is not mandatory and they may withdraw from the survey at any time.

More detail on the delivery and making an informed choice can be found in the staff and pupil presentations.



How to complete the survey

The links to surveys can be found on the [Healthier Futures webpage](#) – please note they will only be visible when the survey is 'live' between **14th October 2022 – 9th December 2022**

Please make sure that your class complete the correct survey for their year group. You may find it easiest to access the link to the appropriate survey and copy the link to give to pupils directly to prevent them from choosing the wrong survey.

Please read aloud the information at the start of the survey and then ask the pupils to scroll to the bottom of the page and when they are ready and click 'begin survey'.

Please note that the survey links are on a **public webpage**. The Healthier Futures webpage is aimed at professionals and schools but it is open to anyone to access – we do not recommend you share the link to this page with parents just to reduce the risk of parents or pupils completing the survey at home. However, what you can do is look through the survey questions before you get your class to participate so that you can see what sort of questions are being asked.

You may also get in touch with us at publichealthcyp@barnsley.gov.uk if you need further support or have any queries.

On completion of the survey

Remind pupils of the support available in your school and out of school, as they may wish to speak to someone regarding issues that may be triggered whilst completing the survey.