



# BARNARDOS

## YOUNG CARERS AND SIBLING SUPPORT

Do you offer care and support to  
a family member with a  
disability, condition or illness?

Are you aged between  
5 and 18 and living in  
Barnsley?

Does offering this care and support  
mean you do not have time to play,  
see your friends, complete  
homework or do the things you like  
to do?

The Young Carers and Sibling Support Service can offer you support through one to one or group sessions.

We can offer you support in emotional wellbeing, coping strategies and self-care. All sessions take place in a safe space and environment that is best suited to you.

### Contact us and request a referral form -

Barnardo's Priory Family Centre  
Priory Centre  
Pontefract Road  
Lundwood  
Barnsley  
S71 5PN  
01226 770619

[prioryfamilycentre@barnardos.org.uk](mailto:prioryfamilycentre@barnardos.org.uk)

