

## Self-Neglect Risk Matrix Score

### Self-Neglect assessment tool – Appendix 1

#### Physical Wellbeing & Medication

Risk level	Indicating factors	X if applies	Rationale behind this decision
<b>No identified risk</b>	The individual is accepting healthcare intervention		
	The individual is taking prescribed medication		
	No evidence of dehydration/weight loss		
	No evidence of infection/diarrhoea/vomiting/other which is impacting on their health and wellbeing		
	No evidence of untreated skin conditions such as ulcers, skin sores etc. which is impacting on their health and wellbeing		
<b>Any other risks identified</b>			
<b>Low risk</b>	Sporadic acceptance of healthcare intervention - no identified impact on their health and wellbeing currently		
	Sporadic taking of prescribed medication - no identified impact on their health and wellbeing currently		
	The individual is not consistently eating and some evidence of dehydration/weight loss - no identified impact on their health and wellbeing currently		
	Some evidence of infection/diarrhoea/vomiting/other - no identified impact on their health and wellbeing currently		
	Some evidence of untreated skin conditions such as ulcers, skin sores etc - no identified impact on their health and wellbeing currently		
<b>Any other risks identified</b>			

<b>Moderate risk</b>	Sporadic acceptance of healthcare intervention which is having a negative impact on their health and wellbeing		
	Sporadic taking of prescribed medication which is having a negative impact on their health and wellbeing		
	The individual is not consistently eating and some evidence of dehydration/weight loss which is having a negative impact on their health and wellbeing		

	Some evidence of infection/diarrhoea/vomiting/ which is having a negative impact on their health and wellbeing		
	Some evidence of untreated skin conditions such as ulcers, skin sores etc. which is having a negative impact on their health and wellbeing		
<b>Any other risks identified</b>			
<b>High risk</b>	The individual is declining healthcare intervention which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm E.g., evidence of open wounds and refusing to consent to treatment.		
	The individual is refusing to take prescribed medication which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm.		
	Evidence of significant dehydration/weight loss which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm.		
	Evidence of infection/diarrhoea/vomiting/other which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Evidence of untreated skin conditions such as ulcers, skin sores etc. which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
<b>Any other risks identified</b>			

### Mental Health/Wellbeing

<b>Risk level</b>	<b>Indicating factors</b>	<b>X if applies</b>	<b>Rationale behind this decision</b>
<b>No identified risk</b>	No concerns regarding mental health		
	The individual is accepting health/support services		
	The individual is attending health/support appointments		
	Taking prescribed medication		
<b>Any other risks identified</b>			
<b>Low risk</b>	Some concerns regarding mental health - no identified impact on their health and wellbeing currently		

	Attendance at health/other appointments is sporadic. - no identified impact on their health and wellbeing currently		
	Sporadic engagement with support services - no identified impact on their health and wellbeing currently		
	Not consistently taking medication - no identified impact on health and wellbeing currently		
<b>Any other risks identified</b>			
<b>Moderate risk</b>	Some concerns regarding mental health which is having a negative impact on their health and wellbeing		
	Attendance at health/other appointments is sporadic which is having a negative impact on their health and wellbeing		
	Sporadic engagement with support services which is having a negative impact on their health and wellbeing		
	Not consistently taking medication which is having a negative impact on their health and wellbeing		
<b>Any other risks identified</b>			
<b>High risk</b>	Concerns regarding mental health which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Attendance at health/other appointments is sporadic which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Sporadic engagement with support services which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Not consistently taking medication which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Risk of Mental Health Crisis		
<b>Any other risks identified</b>			

## Managing and Maintaining Nutrition

Risk level	Indicating factors	X if applies	Rationale behind this decision
<b>No identified risk</b>	The individual is aware of own nutritional needs and can manage and maintain nutritional needs independently.		
	No evidence of weight loss/weight gain		
	Kitchen space is uncluttered, and the environment is clean		
	Kitchen appliances suitable to persons needs are used as and when required		
<b>Any other risks identified</b>			
<b>Low risk</b>	The individual has some awareness of nutritional needs - no identified impact on their health and wellbeing. currently		
	Some evidence of weight loss/weight gain (consider health related issues). No identified impact on their health and wellbeing currently		
	Kitchen space is becoming cluttered and evidence that the person is not able to keep the environment clean. No identified impact on their health and wellbeing currently		
	No usable appliances such as fridge freezer, cooker, microwave, kettle, toaster etc. No identified impact on their health and wellbeing currently		
	Food sometimes isn't a priority compared to Alcohol or drugs which results in missing meals and or not having food available.		
<b>Any other risks identified</b>			
<b>Moderate risk</b>	The individual has some awareness of nutritional needs, can access some food but this can be inconsistent which is having a negative impact on their health and wellbeing		

	Some evidence of weight loss/weight gain (consider health related issues) which is having a negative impact on their health and wellbeing		
	Kitchen space is becoming cluttered and evidence that the person is not able to keep the environment clean which is having a negative impact on their health and wellbeing		
	No usable appliances such as fridge freezer, cooker, microwave, kettle, toaster etc. which is having a negative impact on their health and wellbeing		
	Food regularly isn't a priority compared to Alcohol or drugs which results in missing meals and or not having food available.		
<b>Any other risks identified</b>			
<b>High risk</b>	Evidence that food and drink is not a priority which is leading to concerns such as dehydration/malnutrition/significant weight loss etc. which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	No evidence of food in the property or evidence of mouldy and out of date food items which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Kitchen area is not usable due to unsanitary conditions or clutter which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	The individual is not able to use appliances (or no useable appliances) such as fridge freezer, cooker, microwave, kettle, and toaster independently and refuses support which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Food is rarely a priority compared to Alcohol or drugs which results in missing meals and or not having food available.		
<b>Any other risks identified</b>			

### Maintaining Personal Hygiene/Being Appropriately Clothed

Risk level	Indicating factors	X if applies	Rationale behind this decision
<b>No identified risk</b>	Evidence that the person is maintaining their personal hygiene		

	The individual is appropriately clothed for the weather. For example, the person is clean, bathed and groomed regularly with clean, weather appropriate clothes		
<b>Any other risks identified</b>			
<b>Low risk</b>	Is unable to maintain regular personal hygiene. - no identified impact on their health and wellbeing currently		
	The individual is wearing inappropriate clothing for the weather - no identified impact on their health and wellbeing currently		
<b>Any other risks identified</b>			
<b>Moderate risk</b>	Is unable to maintain regular personal hygiene which is having a negative impact on their health and wellbeing		
	The individual is wearing inappropriate clothing for the weather which is having a negative impact on their health and wellbeing		
	Limited number of clothes available to change them according to the weather and or wash them.		
<b>Any other risks identified</b>			
<b>High risk</b>	Consistently fails to maintain personal hygiene which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Wearing clothes inappropriate for the weather which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	No change of clothes available to change them according to the weather and or wash them.		
<b>Any other risks identified</b>			

## MANAGING TOILET NEEDS

Risk level	Indicating factors	X if applies	Rationale behind this decision
<b>No identified risk</b>	The individual can manage and maintain own toileting needs		

	No evidence of skin breakdown		
	No identified risk to people providing support or services		
	Has full access to bath/bathroom appliances		
<b>Any other risks identified</b>			
<b>Low risk</b>	Maintaining toileting needs is sporadic some evidence of faecal matter and urine - no identified impact on their health and wellbeing currently		
	Slight evidence of skin breakdown - no identified impact on their health and wellbeing currently		
	Some identified risk to people providing support or services because of individual's ability to meet toileting needs – no identified impact on their health and wellbeing currently		
	No usable and or accessible bath/bathroom appliances - no identified impact on their health and wellbeing currently		
<b>Any other risks identified</b>			
<b>Moderate risk</b>	Maintaining toileting needs is sporadic some evidence of faecal matter and urine which is having a negative impact on their health and wellbeing		
	Evidence of skin breakdown which is having a negative impact on their health and wellbeing		
	Evidence of faecal matter and urine which is having a negative impact on the health and wellbeing of others including people providing support or services		
	No usable and or accessible bath/bathroom appliances which is having a negative impact on the health and wellbeing of others including people providing support or services		
<b>Any other risks identified</b>			
<b>High risk</b>	Maintaining toileting needs is sporadic some evidence of faecal matter and urine which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		



	Evidence of skin breakdown which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	Evidence of faecal matter and urine which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
	No usable and or accessible bath/bathroom appliances which is compromising and impacting on their health and wellbeing and resulting in significant or life-threatening harm		
<b>Any other risks identified</b>			

### Maintaining a Habitable Home

<b>Risk Level</b>	<b>Indicating Factors</b>	<b>X if applies</b>	<b>Rationale behind this decision</b>
<b>No identified risk</b>	Property is well maintained, usable and safe		
	Amenities such as heating, electricity and water are all usable and in fully working order		
	Fully usable kitchen and bathroom, appliances are safe and in working order		
	Organisations with an interest in the property, for example, staff working for utility companies (water, gas, and electricity), housing services etc. have full access as required		
	No evidence of infestations such as rats, vermin, flies, maggots etc.		
	Animals in the property are well cared for and are not a concern for the individual		
<b>Any other risks identified.</b>			
<b>Low risk</b>	Some evidence of neglecting household maintenance with no identified impact on health, wellbeing, and safety currently		
	Amenities such as heating, electricity and water may show signs of needing some maintenance or repair, no identified impact on their health and wellbeing at this time		
	Evidence of hoarding		

	Not consistently allowing access to other organisations with an interest in the property, for example, staff working for utility companies (water, gas, electricity), housing services etc. with no identified impact on their health and wellbeing currently		
	Some evidence that animals within the property are not being fully cared for, no identified impact on the individual's health and wellbeing at this time. (Contact RSPCA for advice)		
	Risk of homelessness.		
<b>Any other risks identified</b>			
<b>MODERATE RISK</b>	Evidence of neglecting household maintenance and therefore creating hazards which is having a negative impact on their health and wellbeing		
	Amenities such as heating, electricity and water need maintaining which is having a negative impact on the health and wellbeing of the individual and others including people providing support or services		
	Evidence of hoarding		
	Refusing to allow access to other organisations with an interest in the property, for example, staff working for utility companies (water, gas, electricity), housing services etc., which is having a negative impact on their health and wellbeing		
	Some evidence of infestations such as rats, vermin, flies, maggots etc. which is having a negative impact on their health and wellbeing (Contact Environmental Health)		
	Failure to meet animal(s) needs which is having an impact on the individual's health and wellbeing (Contact RSPCA for advice 0300 1234999)		
	Homeless but using services / hostels to prevent from sleeping rough.		
<b>Any other risks identified</b>			
<b>High risk</b>	No essential amenities which are compromising and impacting on their health and wellbeing and result in significant or life-threatening harm.		
	Evidence of hoarding which prevents safe use of any amenities within the home which could compromise and impact on health and wellbeing and result in significant or life-threatening harm.		
	Evidence of infestations such as rats, vermin, flies, maggots etc. which could compromise and impact on the individual's health and wellbeing and result		

	in significant or life-threatening harm (Contact Environmental Health)		
	Risk of fire which could compromise and impact on the health and wellbeing of the individual or another person visiting, (including people providing support or services), and result in significant or life-threatening harm. Contact SYFR who will visit the person and offer support, information, and appropriate interventions - <a href="https://www.syfire.gov.uk/contact/">https://www.syfire.gov.uk/contact/</a> .		
	Failure to meet animal(s) needs which is compromising and impacting on the individual's health and wellbeing and result in significant or life-threatening harm (Contact RSPCA)		
	Living areas are not usable due to unsanitary conditions or clutter which is compromising and impacting on the individual's health and wellbeing and result in significant or life-threatening harm.		
	Neglecting household maintenance to the extent that the property becomes dangerous e.g., unsafe gas, electric, water or structural damage (unsafe floorboards, roof etc.) which is compromising and impacting on the health and wellbeing of the individual or another person visiting, (including people providing support or services). The extent of which may result in significant or life-threatening harm.		
	Homeless, sleeping rough and impacting on their safety.		
<b>Any other risks identified</b>			

## FINANCIAL/BENEFITS

Risk Level	Indicating Factors	X if applies	Rationale behind this decision
<b>No identified risk</b>	The individual can manage and maintain own finances		
	No evidence of		
	No identified risk to people providing support or services		
	Has full access to bath/bathroom appliances		
<b>Any other risks identified</b>			

<b>Low risk</b>	Finding it hard to cope with finances, may require support but not impacting on wellbeing.		
	Requires support in identifying and applying for any benefits that they may be intitled to.		
<b>Any other risks identified</b>			
<b>Moderate risk</b>	Finding it increasingly hard to cope with finances, requires support as it is impacting on wellbeing.		
	Requires support in identifying and applying for any benefits that they may be intitled to.		
	Makes unwise financial decisions but not impacting significantly.		
<b>Any other risks identified</b>			
<b>High risk</b>	Unable to cope with finances, requires support as it is having a significant impacting on their wellbeing.		
	No current income and at extreme risk of exploitation.		
	Makes unwise financial decisions and impacting significantly on ability to pay bills and buy food.		
<b>Any other risks identified</b>			

## Risk assessment and referral summary

Please mark an 'x' below to indicate the highest level of risk recorded.

<input type="checkbox"/>	<b>No indicators higher than low risk</b>
<input type="checkbox"/>	<b>No indicators higher than moderate risk</b>
<input type="checkbox"/>	<b>ANY of the indicators are of HIGH RISK</b>

Further comments/ Decision making Rationale