

What's Your Move fund guidelines

About the fund

Barnsley has one of the highest levels of physical inactivity in England and is ranked as the 7th most inactive place in the country. This means many people in Barnsley are not moving enough to support their health and wellbeing.

Low levels of physical activity contribute to poorer health. In Barnsley, both life expectancy and healthy life expectancy are lower than the national average, and levels of obesity are among the highest in the country. These issues are more common in communities experiencing greater social and economic challenges.

Barnsley has received investment from Sport England to help tackle inactivity and health inequalities with a focus on community led activity that see's people moving more.

The What's Your Move fund is for local community organisations to develop projects that support their community to become more active in ways that are inclusive, welcoming, and sustainable.

You can apply for up to £5,000. Projects can run for up to two years.

What we're looking for

We have identified eleven areas of Barnsley where inactivity and deprivation levels are highest. Applications working in or with these areas will be prioritised:

- Athersley
- Cudworth
- Lundwood
- Grimethorpe
- People with disabilities or long-term health conditions across Barnsley
- Brierley
- Kendray
- Worsbrough
- Goldthorpe
- Thurnscoe
- Hoyland
- Wombwell

Projects outside these areas can still apply and will be considered.

All applications must show how they:

- Increase physical activity levels amongst inactive people.
- Decrease physical inactivity levels.
- Reduce inequalities in physical activity.
- Provide positive experiences of moving more.
- Create long-term opportunities, not just short-term activity.
- Be shared by the communities and people who will take part.
- Have a clear plan to achieving outcomes.
- Be inclusive and accessible.

Who can apply?

We are especially keen to hear from local groups already trusted in their community. These may include:

- Local community organisations.
- Community groups.
- 'Friends of' groups.
- Sports and physical activity delivery organisations.
- Local sports clubs.

What can / can't be funded?

We can fund:

- Community based physical activity and movement provision.
- Staff costs to cover provision of activities.
- Venue hire and facility costs.
- Equipment costs associated with direct delivery of activities (under £1,000).

We cannot fund:

- Activities that are already funded elsewhere.
- Projects that replace existing funding.
- Capital expenditure.
- Equipment costing more than £1,000 per item.
- Projects aimed only at children and young people under 16.
- Projects that have not involved the local community in their design.
- Projects that do not meet the assessment criteria.

How to apply

1. If you are interested you can [submit an expression of interest](#).
2. Your expression of interest will be reviewed by sport and physical activity team.
3. If successful you will be invited to complete the full application form.
4. Your application will be reviewed by your local Better Health Partnership who decide on the success of applications.

The fund is open all year round.

What happens if you're funded?

Funded projects will be asked complete monitoring processes which include:

- Collecting participation data and completing data entry into our online platform.
- Providing case studies, photos, videos and voice recordings (with permissions).
- Completing / sharing questionnaires and surveys.

Unsuccessful applications

The decision is final and there is no right of appeal.

Contact us

If you have any enquiries, please contact us on sport&activererecreation@barnsley.gov.uk



Sport and Physical
Activity Team | Move more.
Live well.
Feel better.

