

Right Support at the Right Time

Multi-agency guidance for identifying
need, supporting families and
accessing the right help



Purpose

This guidance brings together Barnsley's previous guidance on understanding need and accessing support into a single, updated **Family Help framework**.

It supports practitioners across all agencies to:

- Identify children's and families' needs early and understand what life is like for the child now and in the future.
- Have the right conversations with children, families and each other, building on strengths as well as worries.
- Coordinate proportionate, timely multi-agency support through Family Help.
- Ensure the right decision-making when specialist or statutory safeguarding action is required.



We are moving away from the term “threshold” as a primary way of describing support (see **Section 2** for the rationale). We describe **Family Help Building Blocks** using the i THRIVE language of **Thriving, Getting Advice, Getting Help, Getting More Help and Getting Risk Support** to support shared understanding across the partnership.

We are also moving away from a distinct separation between “Early Help” and “Child in Need (CIN)” as labels for non-child protection work. Where families need coordinated support, this is described as **Family Help**. Statutory duties and pathways (for example, Children Act 1989 section 17 and section 47) still apply and are referenced where relevant.

Context and background

National statutory guidance (Working Together to Safeguard Children, revised March 2026) emphasises strong multi-agency safeguarding arrangements, timely information sharing, accurate identification of risk, and coordinated, proportionate help that improves outcomes for children and families. Local authorities and partners must publish transparent assessment frameworks that are timely, proportionate and informed by professional judgement, focusing on the child's lived experience.

We are moving away from the word “threshold” because, in practice, it can unintentionally create barriers rather than understanding. It can lead to rigid thinking, where the focus becomes whether a child or family meets a fixed line, rather than what is actually happening in their lives and what they need.

A more conversational approach allows us to shift that focus. Instead of asking “does this meet threshold?”, we ask “what are we worried about?”, “what does this child need to be safe and to thrive?”, and “who is best placed to respond right now?”. This helps practitioners draw out the full picture, recognising that need and risk are rarely static or clear-cut.

By having open, structured conversations, we can better understand the child's lived experience, identify emerging concerns earlier, and

avoid delays caused by uncertainty or debate about labels. It also supports stronger partnership working, as agencies can contribute their perspective without feeling constrained by categories or service boundaries.

Most importantly, this approach keeps the child at the centre. It enables clearer decision-making about the level of risk, the nature of need, and the most appropriate response - whether that sits within universal services, Family Help, or statutory intervention.

Ultimately, this is about improving clarity, strengthening professional judgement, and ensuring that support is timely, proportionate, and led by need rather than terminology.



Practice Prompt

If you feel stuck, return to these three questions:

What are we worried about? What is working well? What needs to happen? Then agree who is best placed to act now.

In Barnsley, this guidance should be read alongside the local Assessment and Support Protocol and Barnsley Safeguarding Children Partnership policies and procedures. Children referred to Children's Social Care receives an individual assessment to identify needs and the most appropriate response. Decisions about support under section 17 of the Children Act 1989 (children in need) or action to protect children under section 47 (child protection enquiries) must take account of the child's age, development and understanding, and be informed by multi-agency information and professional judgement.

Barnsley Conversational Approach

Our conversational approach is how we put Family Help into practice. It shifts the focus from labels and service boundaries to a shared understanding of what is happening in the child's life, what is working well, what we are worried about, and what needs to happen next. The aim is to reach the right decision quickly and proportionately, with the child's lived experience at the centre.

- **Start with the child:** capture the child's day-to-day lived experience, wishes and feelings (and the unborn baby's experience where relevant).
- **Be strengths-based:** identify protective factors, safety and resilience within the family and wider network, alongside worries and risks.
- **Be professionally curious:** test assumptions, explore patterns over time, and consider disguised compliance where applicable.

- **Work with the whole family:** consider how adult needs (e.g. mental health, substance use, domestic abuse, housing, finances) affect the child's safety and wellbeing.
- **Share information and agree next steps:** seek consent where appropriate, share information proportionately, and agree who will do what, by when, and how progress will be reviewed.

The outcome of a good conversation is a clear, shared plan. This includes deciding where the family's needs sit along the iTHRIVE building blocks (**Thriving** through to **Getting Risk Support**) and what help is required. Many needs can be met within universal and community services; where coordinated multi-agency support is needed, this should be organised through **Family Help** with an identified lead practitioner. Where there is reasonable cause to suspect significant harm, practitioners must act promptly through statutory safeguarding pathways (including Children Act 1989 section 47 enquiries).

Conversations should be recorded clearly, including the rationale for decisions and any disagreements, and reviewed regularly with the family and partner agencies. As circumstances change, support should escalate or de-escalate without delay, ensuring help remains timely, proportionate and led by need.



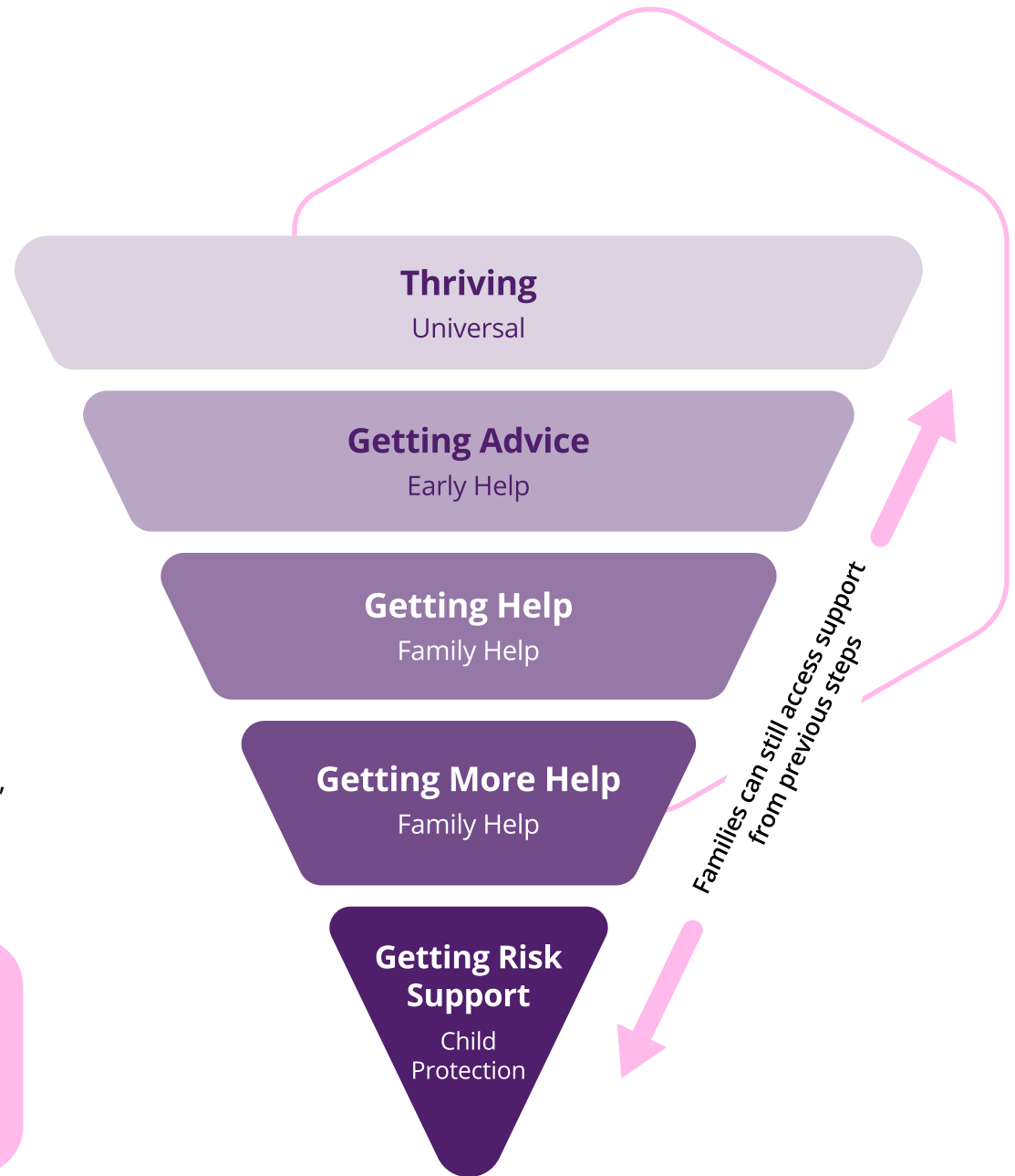
Practice Prompt

If in doubt, don't debate labels

Hold a multi-agency conversation focused on the child's lived experience.

Family Help Building Blocks of Support

A child's and family's needs can increase or reduce over time. In Barnsley we describe support as a set of **Building Blocks**: starting with universal strengths and services, and adding further layers of help as needed. Support is still available wherever a family is - families can access interventions **above or below** their current level when that is the right response at that moment. The building blocks are not rigid stages; layers can be added or stepped down as circumstances change. The aim is to build the right package of support around the child and family, using professional judgement, supervision, and multi-agency discussion



Practice Prompt

Build on what is already working

Add the next layer of support that makes the biggest difference, and step down when safe progress is sustained.



Building Blocks of Support

Thriving

Children and families are generally doing well and needs are met through universal services and informal supports. They may benefit from prevention, early identification and health and wellbeing promotion to maintain positive outcomes.

- Continue with universal provision and community support.
- Use routine contact to notice emerging needs early and build on strengths.
- Offer information on local services and self-help resources where helpful.



Building Blocks of Support

Getting Advice

Children, young people and families may have mild, emerging or time-limited difficulties. The most appropriate response is usually advice, guidance and signposting. This may also include support from a single service or a coordinated multi-agency early help response to prevent needs from escalating.

- Provide advice, guidance and practical support within your service.
- Signpost to community, voluntary and Family Hub offers; help families access support.
- Consider whether a structured single agency early help intervention or multi agency early help plan assessment would clarify needs and coordinate support.
- Review progress and escalate if concerns increase or needs persist.



Building Blocks of Support

Getting Help

Children and families would benefit from focused, goals-based intervention and a coordinated plan. This may be delivered through a multi-agency early help response, coordinated by an Early Help Lead Practitioner, or through Family Help led by a Family Help Lead Practitioner. In both cases, there should be clear outcomes, an agreed plan and regular multi-agency review.

- Identify a lead practitioner and agree a whole-family plan with clear outcomes.
- Complete an appropriate whole-family assessment to understand strengths, needs and risks.
- Coordinate services around the family, review progress regularly, and adapt support as needed.
- Escalate to Getting More Help if needs are multiple / complex or risks are increasing.





Building Blocks of Support

Getting More Help

Children and families have multiple and/or complex needs and require more intensive, specialised and goals-based support. This may include intensive Family Help and specialist services working together through a coordinated plan. There should be clear outcomes, closer oversight and more frequent multi-agency review.

- **Ensure there is a clear lead practitioner (and supervision) with access to specialist advice.**
- **Use multi-agency planning to address overlapping needs and barriers to change.**
- **Increase the intensity/frequency of contact and review; test whether the plan is making a difference.**
- **Escalate to Getting Risk Support if there is reasonable cause to suspect significant harm, or risk becomes unmanageable within this level.**



Building Blocks of Support

Getting Risk Support

Children are experiencing significant harm or there is a likelihood of significant harm, or the level of risk remains high despite support. This includes statutory assessments and interventions led by children's social care (including section 17 children in need work) and child protection enquiries under section 47. Where a child protection plan is required, a qualified social worker will be the lead practitioner.

- **If a child is in immediate danger, call the Police on 999.**
- **If you believe a child may require statutory social care involvement, contact the Children's Services Integrated Front Door / MASH (details to be confirmed for this draft).**
- **Share relevant information promptly and record decision-making, including the child's lived experience, protective factors, and the rationale for escalation.**



Assessment and decision making

Assessment should be proportionate to the needs and risks identified and should be informed by the child's lived experience and multi-agency information. Practitioners should use professional judgement and, where appropriate, seek supervision and multi-agency discussion to support timely decision-making.

Consent and information sharing

As a general rule, seek informed consent from children and families before sharing personal information or starting a coordinated assessment and plan. You may share information without consent where there is a compelling safeguarding reason - for example, where seeking consent would increase the risk of harm or where delay would increase the risk of significant harm. Always record your rationale.

Using this guidance and practice

We start with a conversation, not a form. The first step is to understand the child's lived experience and agree, with the family and partner agencies, what support will help. Where possible, practitioners should engage partners and services through shared planning and professional discussion, rather than relying solely on a referral form to trigger help.

1. Start with the child's lived experience: what is life like day-to-day, what are the worries, and what is working well?
2. Consider the whole family and wider context (including protective factors and networks).
3. Agree the most helpful response using the Building Blocks (**Thriving, Getting Advice, Getting Help, Getting More Help or Getting Risk Support**). Support remains available wherever a family is - interventions can be used above or below the current level when that is the right response.

4. Be clear about the next steps: engage the right partners and services through professional conversation and a shared plan - who will do what, by when, and how progress will be reviewed.
5. If professionals disagree about the right response, use the local escalation process and seek timely resolution.



Practice Prompt

Don't wait for perfect information

Share what you know, bring partners together, and review quickly as the picture becomes clearer.



Practice Prompt

Use the outcome areas to structure the conversation

But let the child's lived experience, not the category name drive the plan.

Family Help outcomes mapped to the Family Help Building Blocks

This section sets out **Barnsley's Family Help outcome areas** to structure indicators of need and support effective multi-agency conversations. The outcome areas are aligned to the legacy Supporting Families framework, but are presented here as **Family Help** outcomes for practice use.

For each outcome area, practitioners should consider what is working well, what we are worried about, and what needs to happen, then agree the most helpful response using the iTHRIVE **Building Blocks (Thriving - Getting Risk Support)**.

The indicator lists are illustrative, not exhaustive, and should support - not replace - professional judgement.

How to use the outcome tables

Use the columns, on the following page, to agree where the family's current situation best fits within the Building Blocks. Start with the child's lived experience and protective factors, and use professional judgement to decide what support will make the biggest difference.

Support remains available wherever a family is - interventions can be used **above or below** the current level when that is the right response.

- **Think whole family:** consider how adult needs (e.g. mental health, substance use, housing, finances) affect the child.
- **Agree actions and outcomes:** who will do what, by when, and how progress will be reviewed.
- **Escalate or de-escalate as needs change:** the level of support should move with the family's circumstances.

Family Help outcome area

How to use the building blocks (Thriving - Getting Risk Support)



1. Getting a Good Education

Consider attendance, progress, inclusion, additional needs, safeguarding risks linked to education; match the response to the child's lived experience and level of need.

2. Good Early Years Development

Consider antenatal engagement, mandated health contacts, early attachment, development milestones, early years access, and any risks to an unborn/baby's wellbeing.

3. Improved Physical and Mental Health

Consider physical health, growth, diet, immunisations, emotional wellbeing, self-harm/suicidality, access to services, and impact on daily functioning.

4. Promoting Recovery and Reducing Harm from Substance Use

Consider substance use in the family, impact on routines and parenting capacity, engagement with support, and any linked exploitation or safeguarding risks.

5. Improved Family Relationships

Consider attachment, routines, parenting capacity, conflict, supervision, and whether relationships are stable, deteriorating, or at risk of breakdown.

6. Children are Safe from Abuse and Exploitation

Consider indicators of abuse/neglect/exploitation (including online), missing, harmful sexual behaviour, radicalisation, and immediate safety needs.

7. Crime Prevention and Tackling Crime

Consider antisocial behaviour/offending, peer group influences, exploitation links, school/community context, and the need for targeted or specialist responses.

8. Safe from Domestic Abuse

Consider patterns of domestic abuse/coercive control, impact on children, safety planning, MARAC links, and escalation where significant harm is suspected.

9. Secure Housing

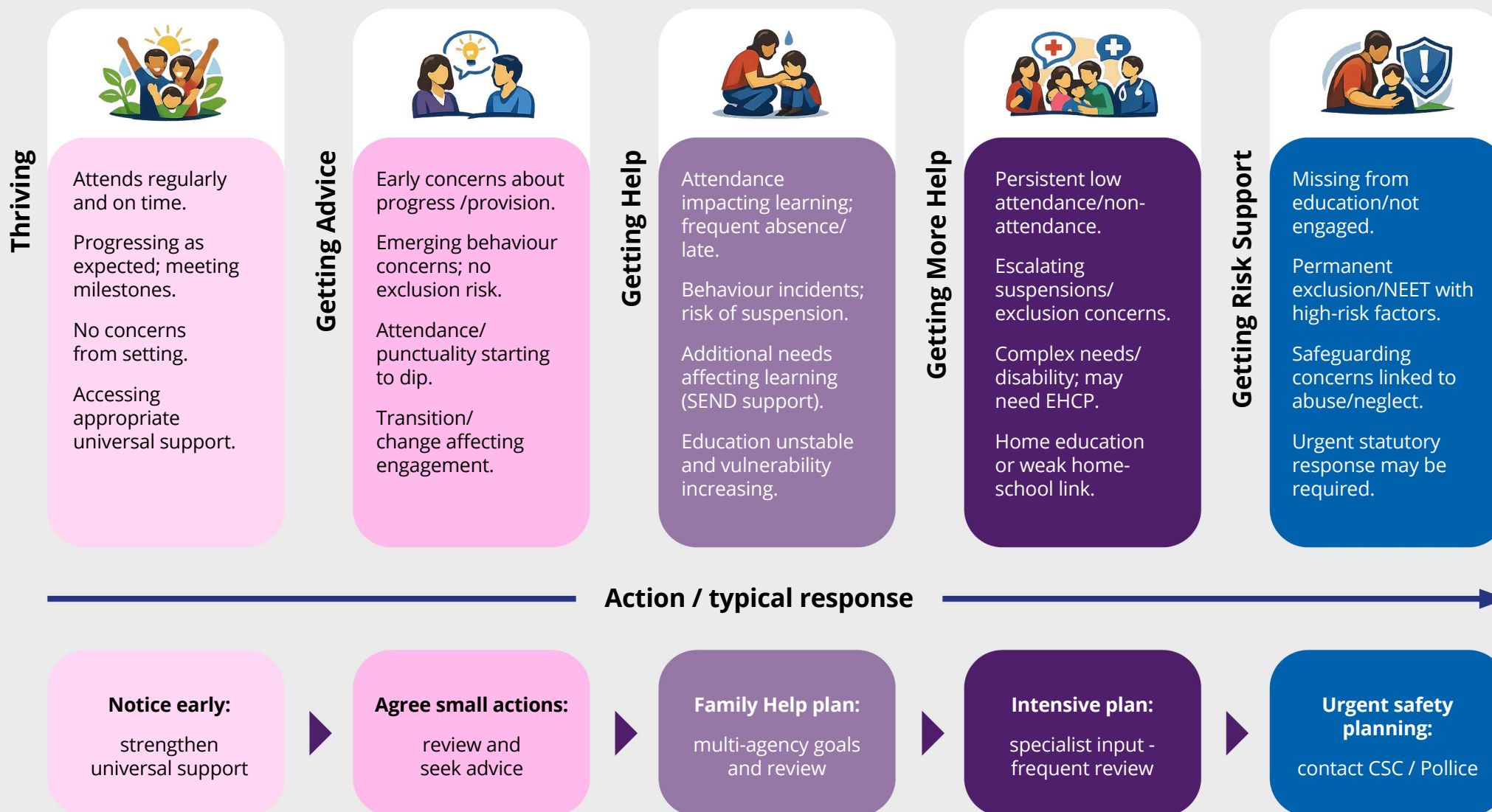
Consider suitability/stability of housing, risk of eviction/homelessness, overcrowding, and the effect on children's health, development and safety.

10. Financial Stability

Consider income, debt, hardship, impact on meeting basic needs, and any compounding risks (e.g., neglect, exploitation, homelessness).

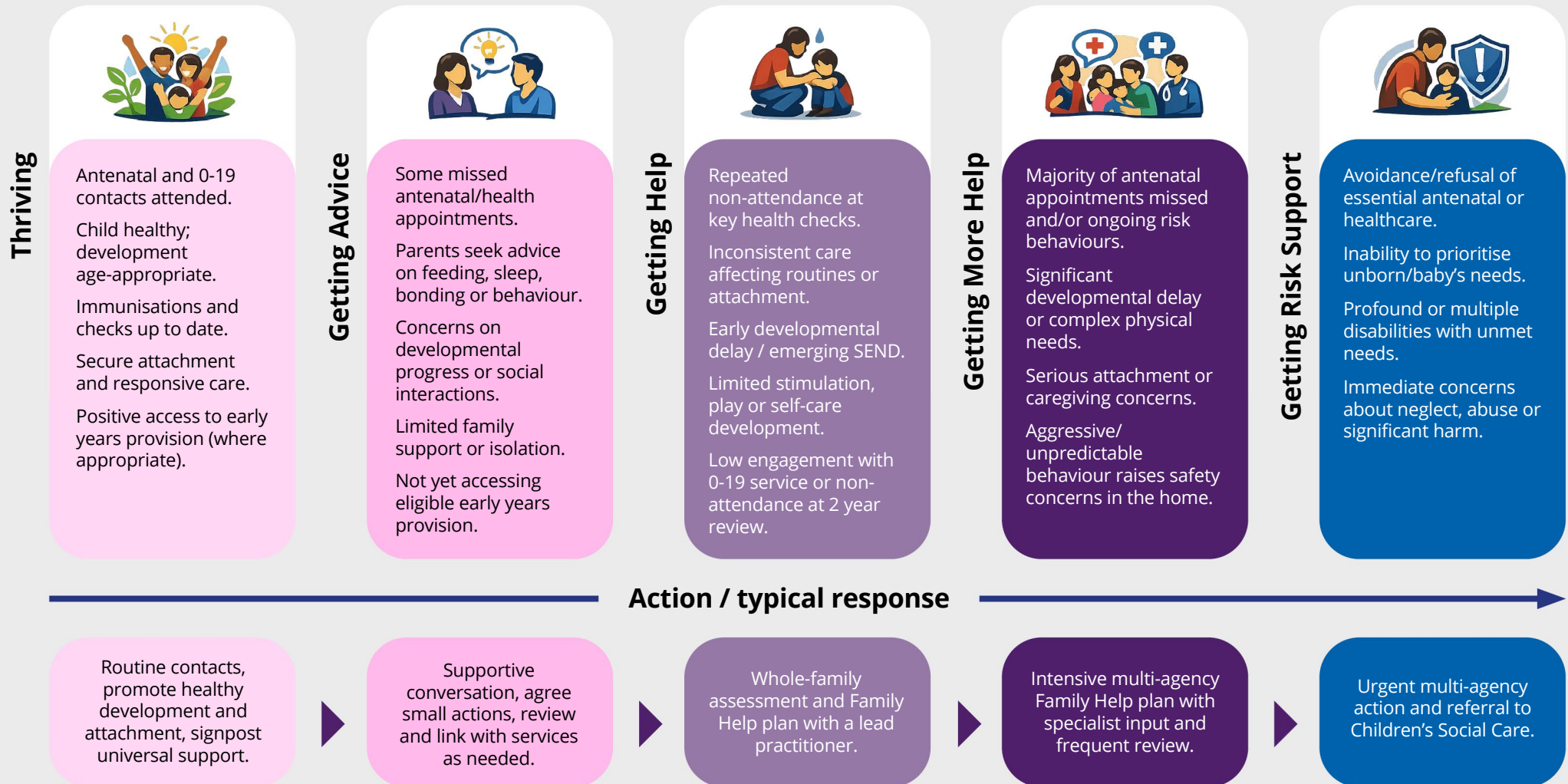
Outcome 1.

Getting a Good Education



Outcome 2.

Good Early Years Development

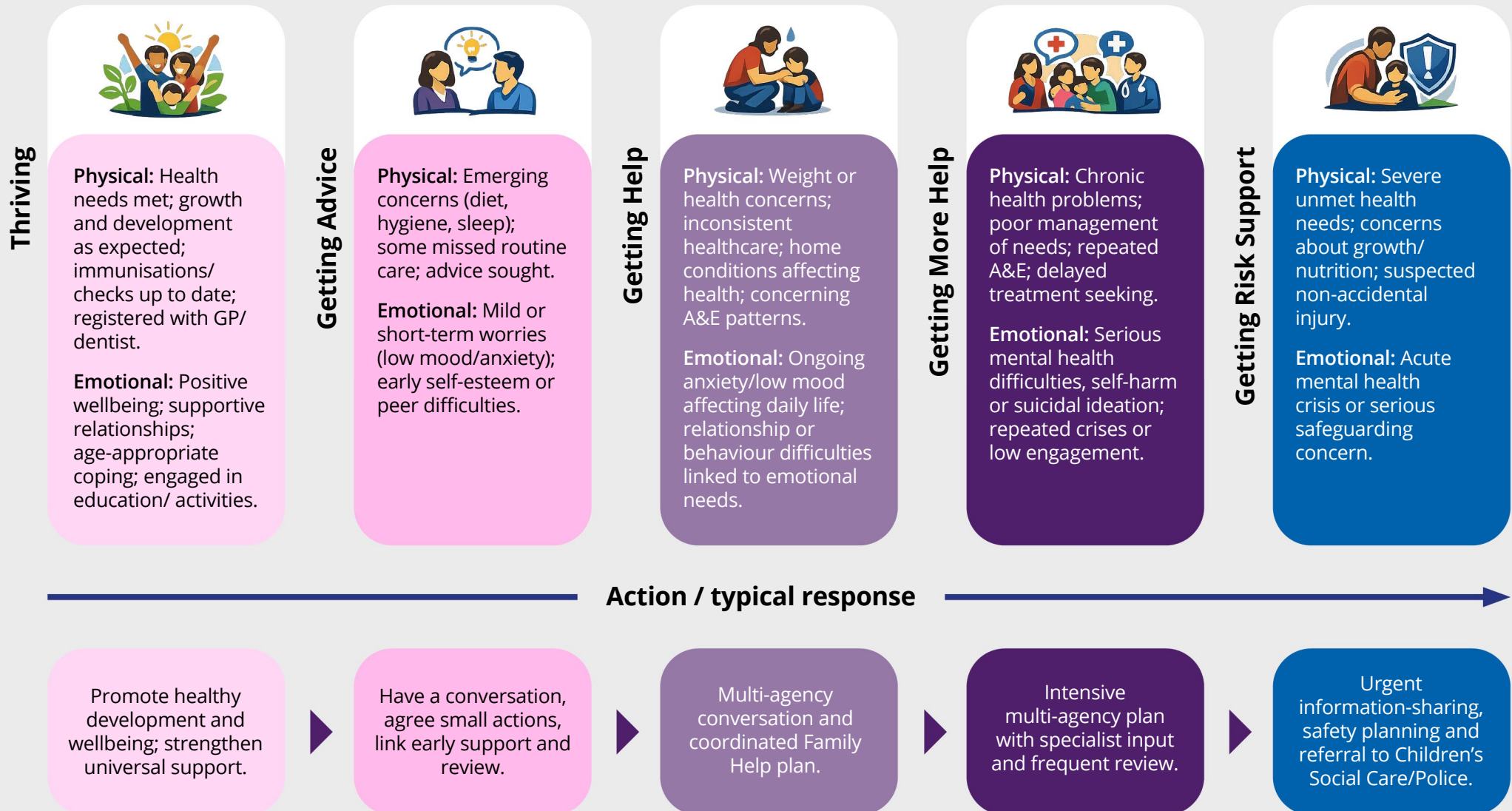


Practice Prompt

If progress stalls, ask “what needs to change in daily life by next week” and adjust the plan - more support, different support or different lead.

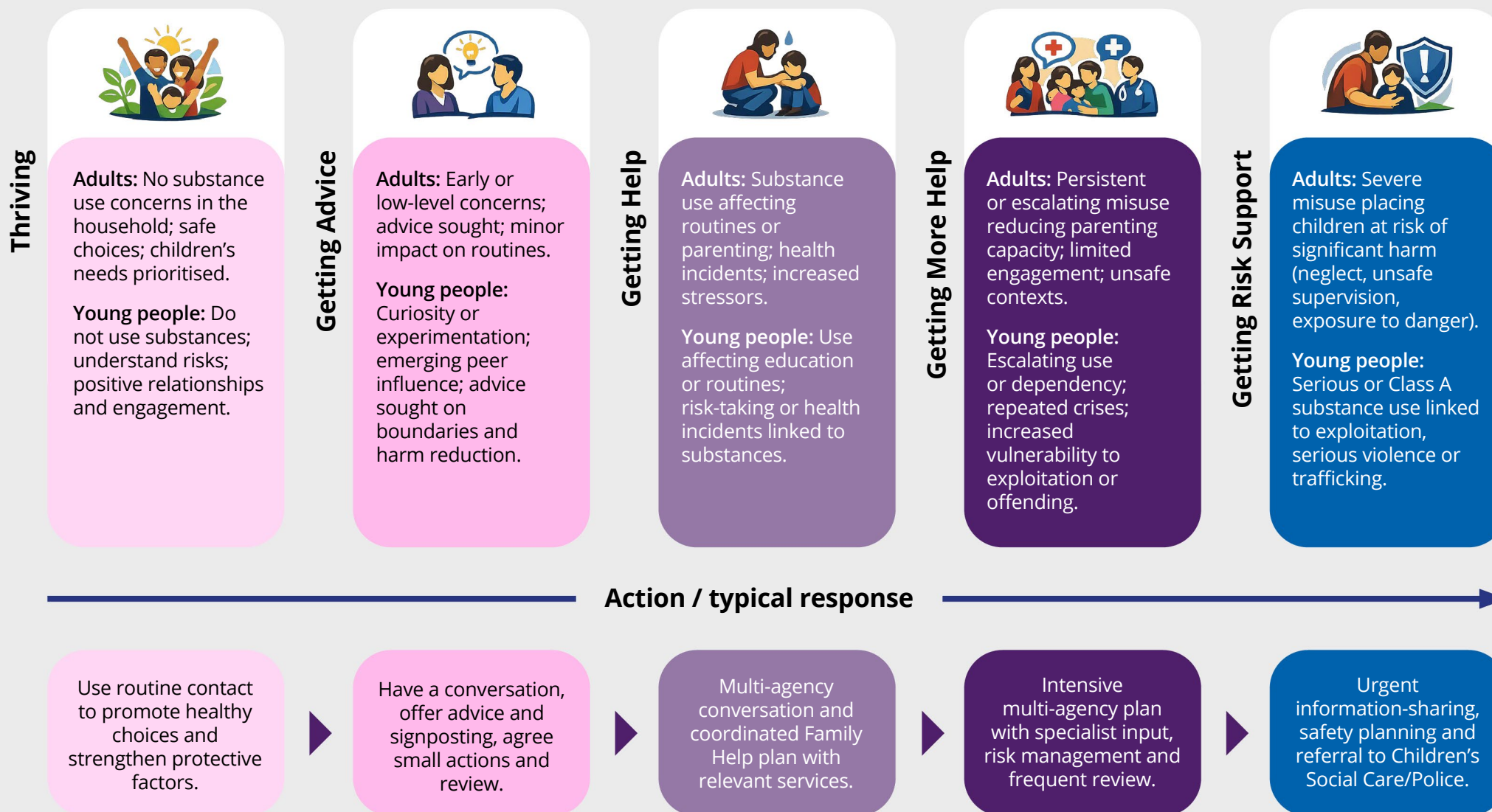
Outcome 3.

Improved Physical and Mental Health



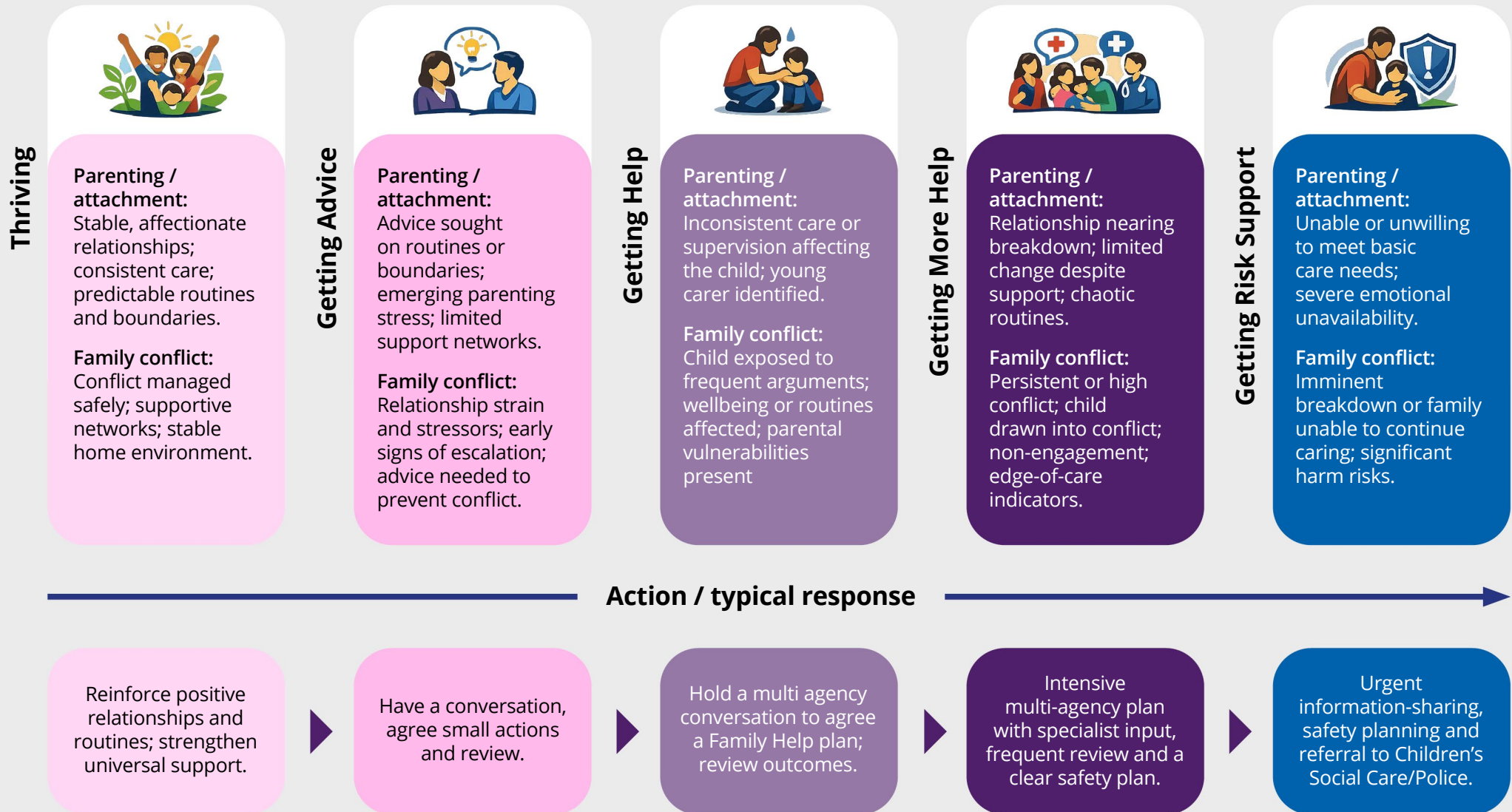
Outcome 4.

Promoting Recovery and Reducing Harm from Substance Use



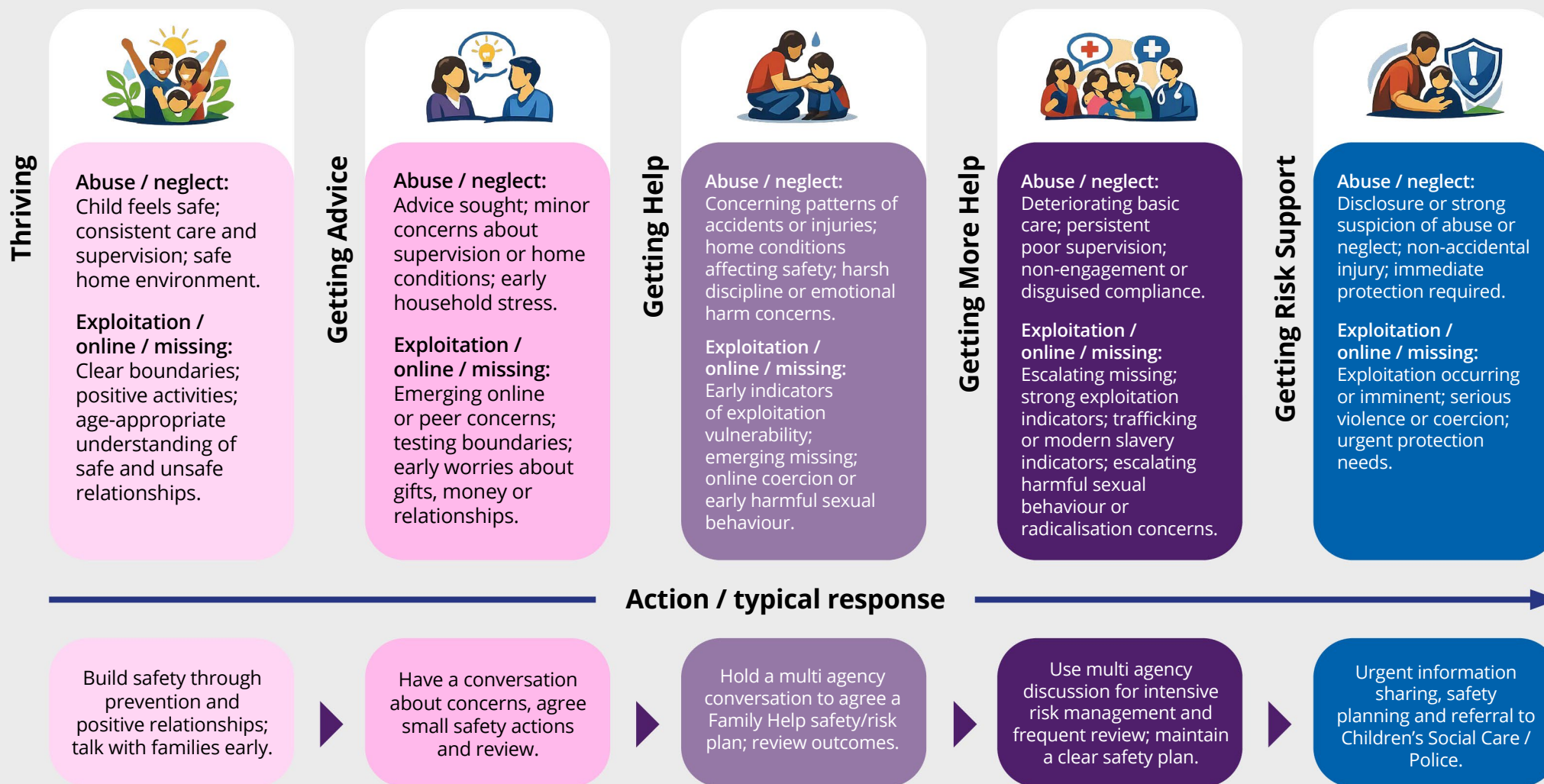
Outcome 5.

Improved Family Relationships



Outcome 6.

Children are Safe from Abuse and Exploitation

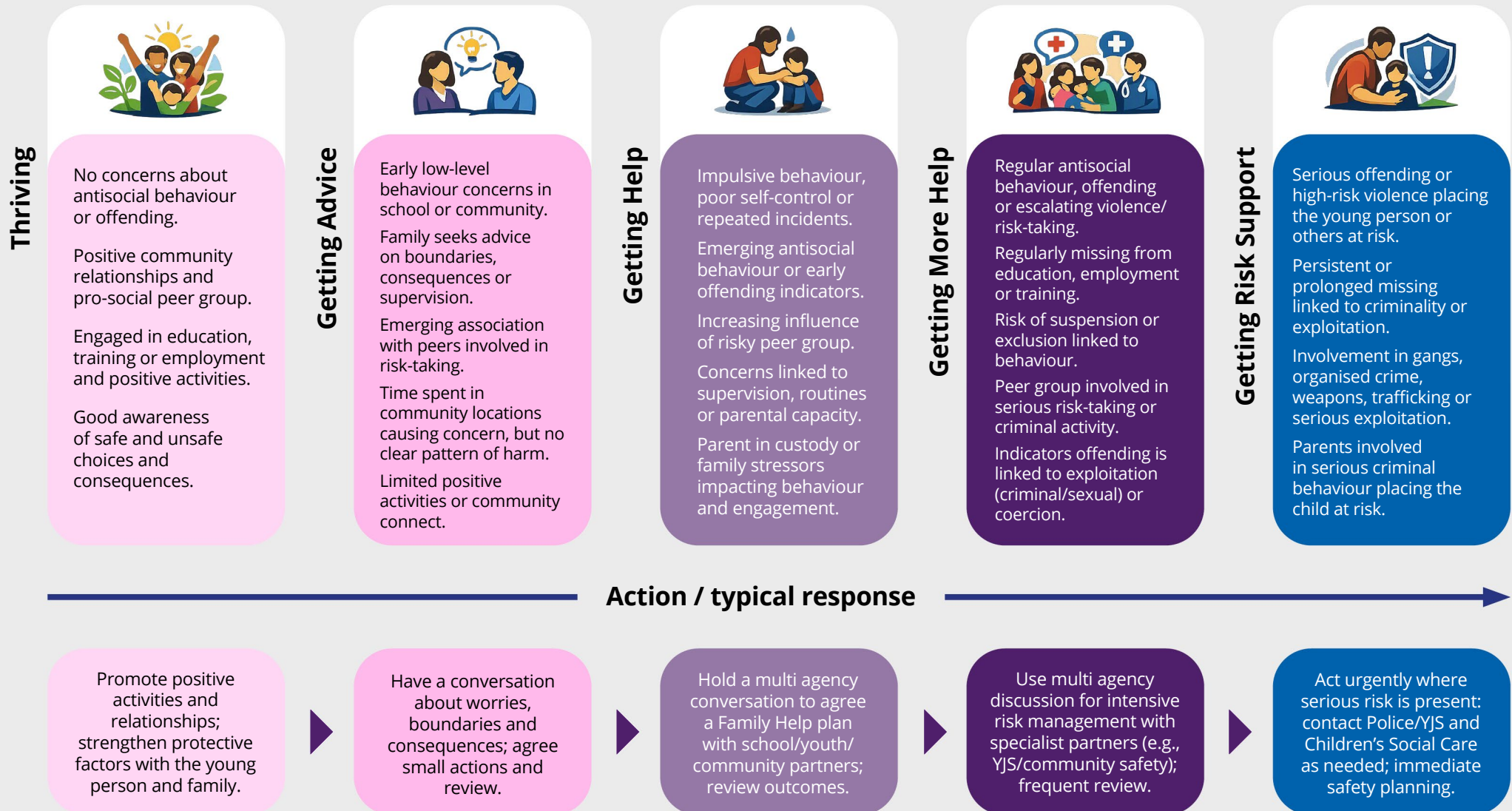


Practice Prompt

Step up support early when risk is increasing, and step down confidently when safety and outcomes are improving - record the rationale either way.

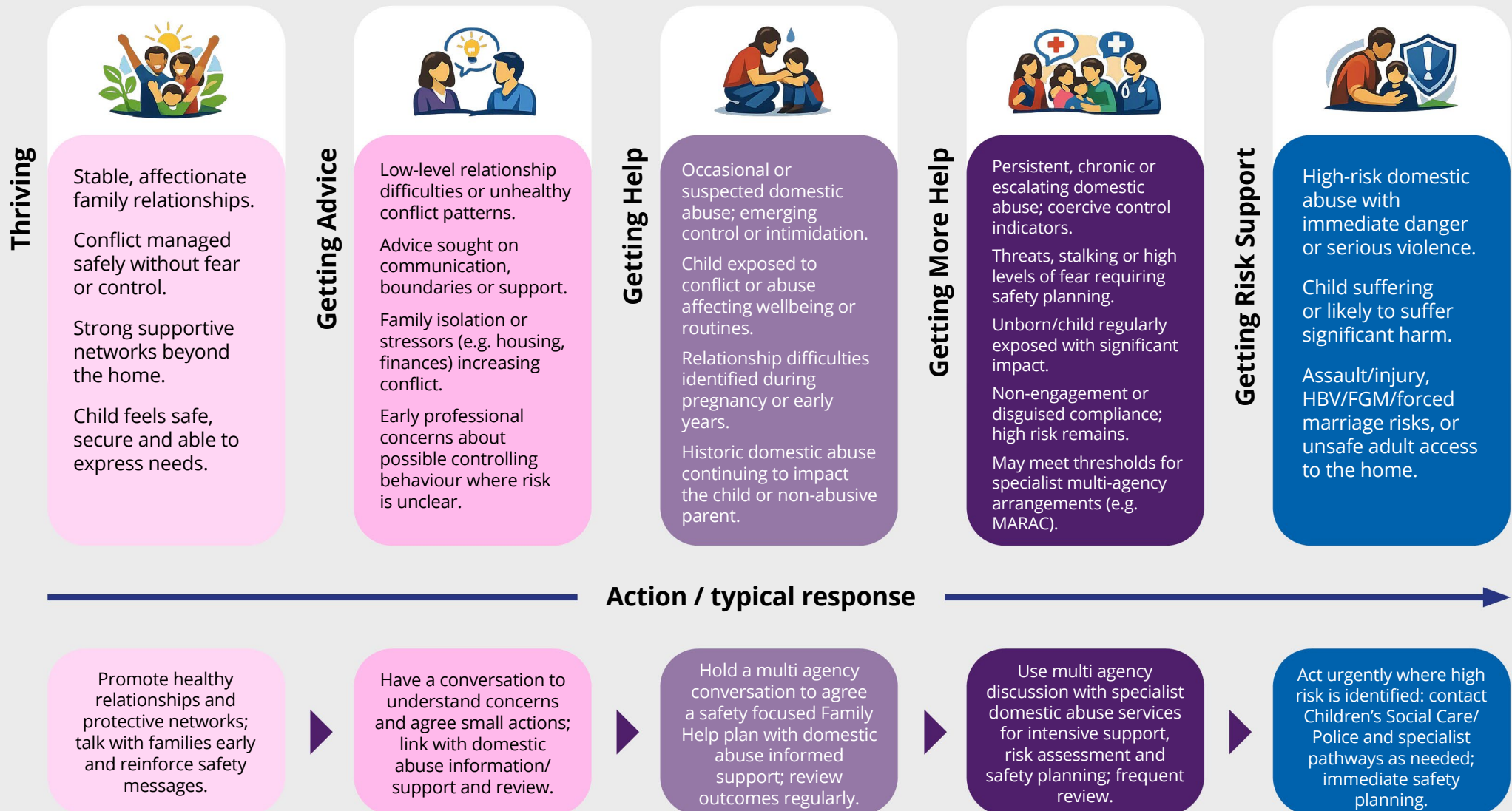
Outcome 7.

Crime Prevention and Tackling Crime



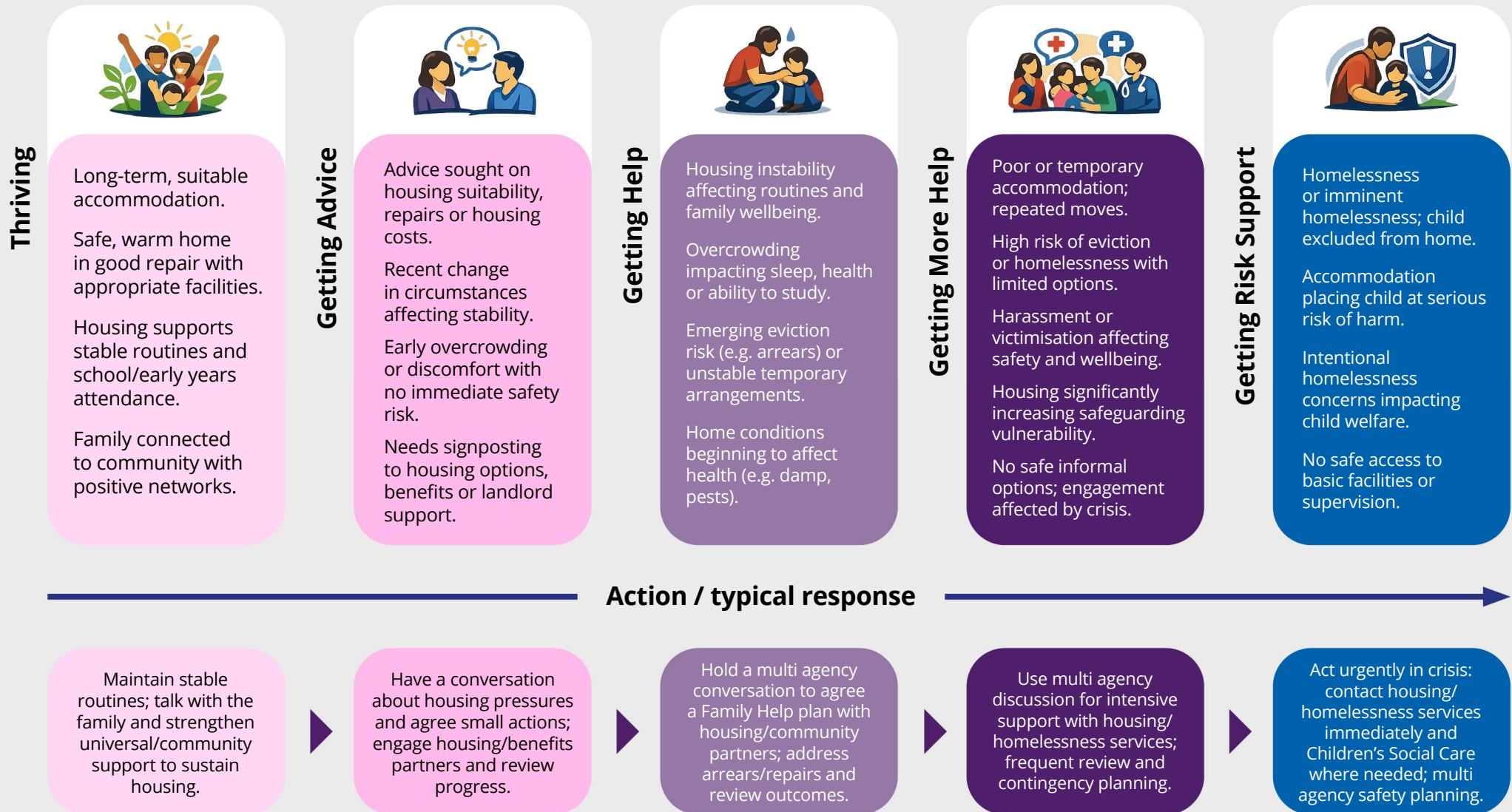
Outcome 8.

Safe from Domestic Abuse



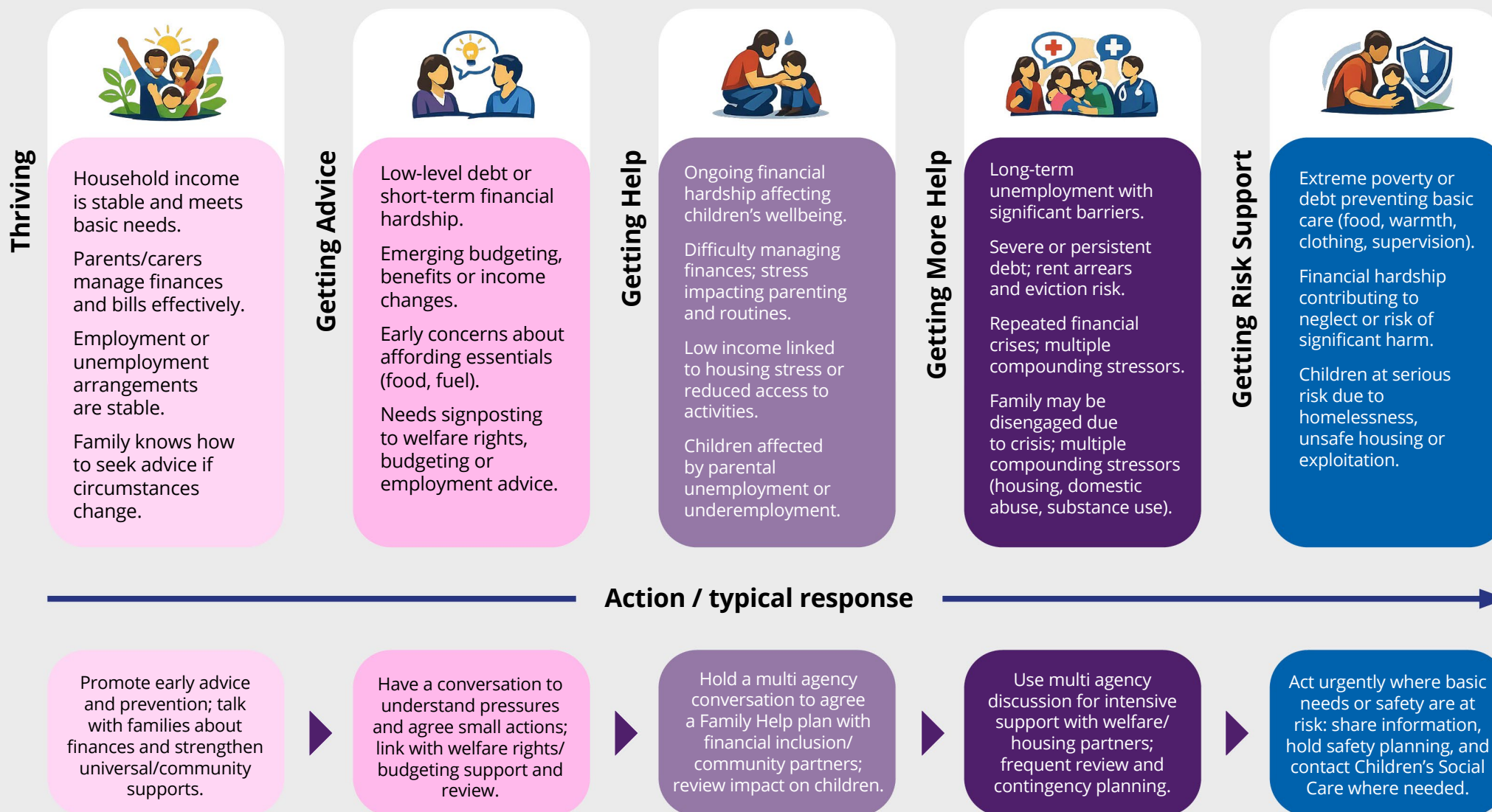
Outcome 9.

Secure Housing



Outcome 10.

Financial Stability



Please contact the following organisations should you have any queries regarding this document or would like to discuss any subject further:

- **Barnsley Safeguarding Children's Partnership** - www.barnsley.gov.uk/bscp
- **Barnsley Virtual Family Hub** - tinyurl.com/Barnsley-Virtual-Family-Hub
- **Barnsley Early Help Toolkit** - www.barnsley.gov.uk/early-help-toolkit
- **Barnsley Council Prevent and Channel guidance** - www.barnsley.gov.uk/services/community-safety-and-crime/prevent-and-channel
- **Children's Social Care Emergency Duty Team** - 01226 787 789
- **South Yorkshire Police** - 999 (emergency) - 101 (non-emergency calls)
- **Children's Social Care Integrated Front Door** - 01226 772 423
- **Families Information Service** - 0800 0345 340 (Option 1) - email - infoFIS@barnsley.gov.uk
- **Branching Minds** (emotional health and wellbeing support) - 01226 107 377
- **0-19 Public Health Nursing Service Single Point of Access** - 01226 774 411
- **Community Safety and Enforcement** - 01226 773 555

