

BARNLSLEY 10K

**Race information pack
Sunday 28 June 2026
Barnsley town centre**

Organised by:

**Sport and Physical
Activity Team**

Move more.
Live well.
Feel better.

With thanks to our sponsors:



WHAT'S YOUR
MOVE



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Taking a look back...

Hosted in 2024 the return of the Barnsley 10k to the town centre saw around 1,200 at the event with runners coming from all over the borough to attend the event. With a variety of stories surrounding why people are taking on the challenge of the Barnsley 10k, from raising awareness to picking a goal or rebuilding their own fitness. It was great to see another running boom throughout the town.

The Barnsley 10k has grown in numbers, with 1,846 finishers in 2025. This growth has helped the race become a staple Barnsley event, helping our community to get moving more!



Barnsley has a long history of organising and hosting running events. It was once known as the home of running and mass participation events, with the Barnsley Marathon being organised for the first time in the winter of 1974 and the Barnsley 6 being organised in 1974.

During 1975, the Barnsley Marathon became the first marathon in England to allow women to take part under an official race license. This year is identified as the 50th anniversary year of the formation of Barnsley Road Runners, the Barnsley 6 and the Barnsley Marathon.

The running club who originally organised the Barnsley 6 which soon became known as Barnsley Athletic Club. After 2000, the town's 'flagship' 10k moved to Royston, starting in Royston Park before quickly crossing over the border with much of the route taking place on the roads of Wakefield. More recently, the event moved to Grimethorpe bypass, with the running of the event taking place off-road on and around Park Springs.

Barnsley is now the home of a thriving running scene, with events taking place around the borough and throughout the region on a regular basis, boasting running clubs, groups, organisations and activities all centred on meeting up to go for a run. However, 2024 saw the return of running to Barnsley town centre with participants embarking on a 10k course throughout our fabulous town.

Together we can
be a part of it.



your space to feel good

Barnsley Premier Leisure are the key operators of leisure facilities throughout the borough of Barnsley, with their gym and leisure facilities being Your Space to feel good. They're embedded throughout Barnsley with a variety of physical activity opportunities on offer.

Your Space is proud to be a sponsor of the Barnsley 10k for the third year in a row, with a strong rooted belief that getting off the sofa and moving more will help you live longer and feel good.

Barnsley is a brilliant place because of the passionate people that are in the community of Barnsley and the beautiful surroundings we have across the borough.

We are thankful to Your Space for their continued sponsoring of the Barnsley 10k and it will be great to see their staff members taking on the challenge.



Parkrun

a healthier, happier planet



Barnsley parkrun takes place in Locke Park



Penistone parkrun takes place on the showground

Barnsley is the home of two fantastic parkrun's taking place every Saturday morning at 9am. Bringing together people from a variety of backgrounds, experiences and all targeting various goals. It is a 5km course in our local area.

It is a great opportunity to meet new people, create lasting friendships and improve your own health & fitness.

We love 'owt for nowt' in Barnsley, and the best thing is that it is free!

Junior parkrun

Taking place every Sunday at 9am for our juniors, a 2km course for 4 - 14 year olds to begin their running journey.

You can register online to take part for free!



Barnsley junior parkrun takes place in Locke park on a Sunday

Event parking



It's free!

Throughout Barnsley town centre all of our car parks are free on a Sunday for up to three hours. If you're planning on parking in the town centre for more than three hours, parking will be charged at £1 per hour.

Please remember you'll always need a ticket wherever you park, even when it is free. Always check the signs in the car park if you have any doubt.

You can pay for parking through the RingGo app, by phone, or by using a pay and display machine.

The recommended car parks to use are:

- The upper Seam on County Way
- Sackville Street
- Churchfields
- Pitt Street
- Market Gate

It's also recommended that you use out of town parking and commute into town using your feet! Locations like Locke Park car park offer a great warm-up stroll for those attending the 10k.

There are further parking locations located around the town centre as shown on the map above and further information can be found at www.barnsley.gov.uk/parking or on www.myringgo.co.uk.



Race HQ

Collect your number
Drop your bags
Find the toilet



In the days before the event

Number collection will be hosted in the Market Entrance at The Glass Works reception desk. For details, please see the information below.

- Thursday 25 June between the hours of 11am - 5pm
- Friday 26 June between the hours of 11am - 5pm
- Saturday 27 June between the hours of 10am - 1pm

On the day

Race HQ and registration will be hosted in The Glass Works. Please head to the indoor market entrance within The Glass Works, where you will be able to:

- Pick up your number
- Make sure you have enough safety pins to attach your number to your top
- Ask any last minute questions
- Meet loads of charities and organisations from around Barnsley
- Make that last-minute toilet trip
- Assemble to start the race!
- Collect your finisher's t-shirt after the race
- Drop off your essential baggage*

Toilets are located in The Glass Works beside the multi-storey car park lifts and at Market Kitchen.

*Although we will do our best to keep your baggage safe on the day of the event, it is at your own risk and we advise no valuable items are placed in our baggage area as we cannot be held responsible for any damages made.



Barnsley 10k Event Village



**BARNLEY
10K**

- START LINE
- RACE HQ
- TOILETS
- THE GLASS WORKS
- MARKET KITCHEN
- MULTI-STORY CAR PARK
- BARNLEY INTERCHANGE
- THE ALHAMBRA
- BARNLEY CIVIC

WHAT'S YOUR
MOVE

Key timings for race day

7.15am	Race HQ opens
8.45am	Assemble runners on the start line in The Glass Works Square
8.55am	Final confirmation of no vehicles on the route and roads fully closed
9am	Race Start within The Glass Works Square in Barnsley town centre
9.20am	Final runner expected to be clear of Town End roundabout – Westway reopened.
9.32am	First finisher expected to return to town
10.30am	Final runner to be clear of the bottom of Redbrook Hill and returning back into town.
10.35am	Rolling road closure reopens road following the tail runner back on Huddersfield Road
10.50am – 11am	Final runner expected to return into town
11am	Presentation to be hosted in the Glass Works Square for prize winners
11:30am	Barnsley Junior Fun Run starts - stick around to support our young runners

Wellbeing

Medical

Our expert medical team will be on hand throughout the event, based on the course and at the finish. If you feel unwell or injured, it's your responsibility to make sure you withdraw from the event. Please don't put yourself at risk. For top tips, visit www.runnersmedicalresource.com

Road closures

Whilst the roads are closed for the event, emergency vehicles may still try to access them, so please be alert to warnings from our event marshals who will be on the route - they might know something you don't.

Vets4Pets is an Emergency Animal Hospital on the route of the Barnsley 10k, vehicles may need to access the practice throughout the event. This will be done so from Rowland Road and marshals will instruct a temporary stop to the race to allow vehicles through.

Our roads will be closed from the race start until 12am when the road closures are lifted. Any participants remaining on the course will be asked to move to the pavement. You can still finish and collect your merchandise when you arrive.

Water station

The event will be hosted in June, therefore the weather might be a little warm. We will have a water station set up on the course between 5k and 6k on Whaley Road. The weather will be monitored and we will notify participants if further water stations are required.

Rubbish

The environment, ourselves, the community and other participants would appreciate that any rubbish brought onto the course is taken home with you or placed in a bin. We want to leave the environment as we found it and any participants found to be littering will be disqualified and not appear on the results.

Headphones

Due to the nature of the event, we ask that participants do not wear earphones during the race. Bone conducting earphones such as Shoks, formerly known as AfterShoks, will be permitted. This rule is for your own safety and not following it may result in disqualification.

Warming up

The roads will not be closed until 9am when the race commences. We advise that any runners who want to warm up do so at their own risk and use the pavements, footpaths and areas around our beautiful town.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Sole Sisters Barnsley 9.30am Meet at Starbucks on Harborough Hills	Barnsley Athletic Club 7pm Weekly Timetable usually from Barnsley Metrodome	Sole Sisters Barnsley 9.30am Location varies, check the facebook group	Barnsley Athletic Club 7pm Weekly Timetable usually from Barnsley Metrodome	Sole Sisters Barnsley 9.30am Location varies, check the facebook group	Barnsley parkrun 9am Meet at Locke Park cafe at 8.55am	Barnsley Junior parkrun 9am Meet at Locke Park cafe at 8.45am
Barnsley Harriers 6.30pm Meet at Shaw Lane Sports Club	Barnsley Athletic Club 6pm Dorothy Hyman Track Running	Wentworth Castle Gardens 10.15am Non-Members £3	Barnsley Athletic Club 6pm Dorothy Hyman Track Running	Penistone parkrun 9am Meet on Penistone showground behind Tesco at 8.55am	Penistone parkrun 9am Meet on Penistone showground behind Tesco at 8.55am	Mile Munchers Running Club 9am Check the facebook group for the location
Kingstone Runners 7pm Meet at Higham Cricket Club	Penistone Footpath Runners & AC 6.30pm Meet at Penistone Church FC	Barnsley Harriers 6.30pm Meet at Shaw Lane Sports Club	Penistone Footpath Runners & AC 6.30pm Meet at Penistone Church FC	Miles Counted Running Club 9am Location and Time Varies	Miles Counted Running Club 9am Location and Time Varies	Check out the Run Britain Race Calendar, to find events around the borough!
Valley Hill Runners 6.30pm - 7.30pm Meet at Mortomley Close Car Park, High Green	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Kingstone Runners 7pm Meet at Higham Cricket Club	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Check out parkrun UK for other FREE events around the country!	Miles Counted Running Club 9am Location and Time Varies
Ackworth Road Runners Junior Section 5.30pm 4 - 7 and 8+ years old Contact the club	Denby Dale AC 7pm Meet at The George Inn, Upper Denby	Miles Counted Running Club Evenings Location and Time Varies	Royston Rascals Running Club 7pm Meet at Royston Leisure Centre	Royston Rascals Running Club 7pm Meet at Royston Leisure Centre	Ackworth Road Runners 6.15pm Meet at Ackworth Cricket Club	Denby Dale AC 7pm Meet at The George Inn, Upper Denby
Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Royston Rascals Running Club 7pm Meet at Royston Leisure Centre	Valley Hill Runners 6.30pm - 7.30pm Meet at Mortomley Close Car Park, High Green	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley	Valley Hill Runners 6pm Meet at the band stand at Fox Valley	Stocksbridge Running Club 6pm Meet at the band stand at Fox Valley
Team Manvers 6pm Beginners run meet at Manvers boathouse	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Mother Runners 7pm Meet in Darton Park	Team Manvers 6pm Beginners run meet at Manvers boathouse	Team Manvers 6pm Beginners run meet at Manvers boathouse
Team Manvers 6.30pm Members Core and Strength, meet at the boathouse	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC	Penistone Footpath Runners & AC 6.30pm - 7.45pm 12 - 17 year olds at Penistone FC
Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session	Team Manvers 6.15pm Meet at the Boathouse, coached run session



We have a wealth of running clubs, groups and organisations around the Barnsley borough where you can get involved! You might want to do some training, get a little bit fitter, find some likeminded people to socialise with or just appreciate the great outdoors.

Then these might just be for you!
 Give them a research to find out more information.

WHAT'S YOUR MOVE



- Barnsley Athletic Club
- Barnsley Harriers parkrun
- Junior parkrun Age 5 - 14
- Kingstone Runners
- Mother Runners
- Penistone Footpath Runners
- Miles Counted Running Club
- Barnsley Premier Leisure
- Ackworth Road Runners
- Denby Dale AC
- Valley Hill Runners
- Stocksbridge Running Club
- Sole Sisters Barnsley Run + Walk Community
- Team Manvers
- Royston Rascals Running Club
- Mile Munchers Running Club
- Wentworth Castle Gardens



Runners stories

Eduard Cristea

I'm taking part in the Barnsley 10k for a special reason; to fundraise for Childhood Cancer. When I was 3 I was diagnosed with Acute Myeloblastic Leukaemia and nearly lost my life. Through my bone marrow transplant I survived and I am now 12 years free. I have been doing a large number of fundraisers in recent years and have raised over £2000 for Blood Cancer Research.

I am fundraising for BeMoreFab, a children's cancer charity.



Vikki Bruff

I am running the 10k to raise money for BIADS, a charity that has been incredibly helpful to my family following my Dad's diagnosis with Alzheimer's and Parkinson's diseases. It's also a personal challenge for me to try and get fitter following hip replacement surgery a few years ago. Watching last year's race, and experiencing the wonderful atmosphere made we want to give it a go!

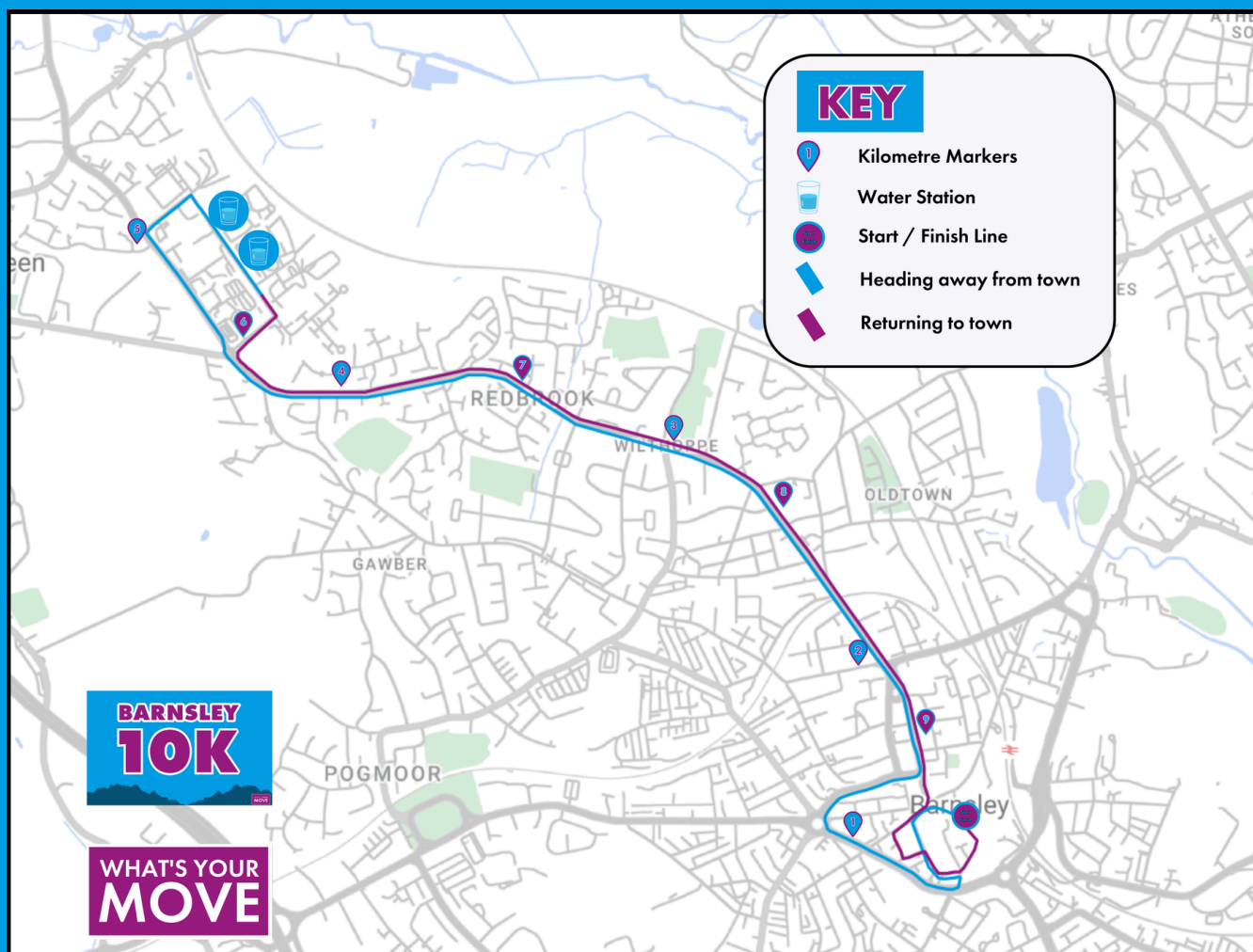
Lorraine McGinn

My running journey began fundraising for Macmillan and Cancer Research after my uncle and then my aunt passed away. This year I am fundraising for Beacon South Yorkshire. This charity is so close to my heart as I found them 5 years ago after struggling to find support for my disabled husband. This charity offered help through art classes, meditation, days out and much more, completely run by volunteers.

To complete the 10k will be a big thank you to Beacon South Yorkshire and to support them with continuing to help unpaid carers.



The route



Starting and finishing in BARNLEY town centre, our 10k route will commence at 9am from The Glass Works Square, heading onto Queen Street, Peel Square and onto Wellington Street before leaving town and onto West Way. It will prove to be a really fast start!

Runners will leave West Way onto Townend Roundabout and up onto Shambles Street to come in front of BARNLEY Town Hall before embarking away from the town centre and onto Huddersfield Road. The route then headsthrugh Honeywell, Wilthorpe and Redbrook, down to Claycliffe Roundabout and onto Claycliffe Road. You will then turn right onto Whaley Road, where you will find our water station and the halfway marker.

Runners will then re-join Huddersfield Road from Claycliffe roundabout and head back into town, passing the front of the Town Hall and heading down Market Hill and into Peel Square. From there, you will go past BARNLEY Post Office and onto Blucher Street to re-join Wellington Street and head towards New Street, to make the sprint finish along Cheapside and into The Glass Works Square.



Dolly's is the dessert shop that has taken TikTok by storm. The idea began in 2016 after being inspired by Thai ice cream rolls, realising there was hardly anything like them available in the UK. The shop launched in 2017, originally called Ice Queenz, but rebranded in 2019 as Dolly's Desserts named after their pet cockapoo.

Dolly's Desserts will have a stall in the Glass Works Square on race day.

Located at The Glass Works, The Salt House combines creative cocktail mixology with mouth-watering food created by some of the region's best chefs.

Open and will be serving breakfast from 8am - 11am.



Yorkshire Rose Coffee Shop. Barnsley Markets resident coffee and tea specialist brought to you by the team at Yorkshire Rose Holidays. Located in the market atrium, the coffee shop has seating available or cups to go so you can enjoy your drinks while exploring the market.

Located on race day in Glass Works square for all participants and spectators.

Presentation, photos and results

Presentation

The presentation will be hosted in The Glass Works, so please stay around and use the food and drink establishments around town after the race.

The age categories for the prizes will increase in five-year increments, starting at 35+ and going up to 70+. This means you may have received a prize even though you feel you are further away from 1st place. They will be awarded in Male and Female categories.

The presentation will be hosted at **11am**.

Prizes awarded can be seen on the following page.

After the race

Upon completing the Barnsley 10k, as well as the ultimate achievement of crossing the finish line, participants will receive:

- A commemorative finisher's t-shirt
- A medal

Photos

We all love a good photo to celebrate our achievements and share the memories with our friends. All photos will be shared on our social media channels 'What's Your Move.'

Many local events also boast a wealth of photographers who support capturing the day. If any local photographers would like to be involved, please get in touch.

Results

Race results will be provided as soon as possible on the conclusion of the event. You'll be able to find them on www.racebest.com and on our social media channels.



Yorkshire Rose are a passionate local group of companies based in Barnsley who do it all from providing trophies and running coach trips to offering a coffee in the town centre.

Steve Mills started the business 15 years ago with a single coach, before later being joined by sons David and James. Yorkshire Rose started as a coach hire company working for other companies but the father and son team decided after five years that they would begin selling their own trips.

With Yorkshire Rose, you're in capable hands - just like on one of their coach trips. Yorkshire Rose will be providing the water for all participants on race day as well as their coffee stall in the town centre!

Prizes

Category	1st		2nd		3rd	
Male	£100		£50		£25	
Female	£100		£50		£25	
Age group	Male	Female	Male	Female	Male	Female
35+	£35	£35	£25	£25	£10	£10
40+	£35	£35	£25	£25	£10	£10
45+	£35	£35	£25	£25	£10	£10
50+	£35	£35	£25	£25	£10	£10
55+	£35	£35	£25	£25	£10	£10
60+	£35	£35	£25	£25	£10	£10
65+	£35	£35	£25	£25	£10	£10
70+	£35	£35	£25	£25	£10	£10
75+	£35	£35	£25	£25	£10	£10



Rapid Response Telecoms Ltd is a family-run business with over 30 years of experience in the Fibre industry.

The company currently engages with over 130 individuals within its operations through a combination of direct labour and key partnerships.

Rapid Response are providing our traffic management throughout the event, making sure our roads remain closed and reopen successfully after the race. They have years of experience in this area alongside their other operations and have supported events on both a local and national scale, so we're sure they'll do a great job.

As a part of their sponsorship, the full prize pot for the event has been funded by Rapid Response. Thank you!

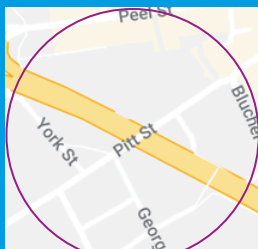


Spectators

The whole route will be accessible for spectators on foot. We recommend that spectators choose to walk along the route and get some steps in whilst you conquer the race as it won't be accessible by vehicle or bike. The recommended spectator points where we'd really like to create some noise are detailed below!



No drones are to be flown at the Barnsley 10k without prior permission.



Pitt Street/West Way Bridge

Let's make it a noise tunnel, tell the runners they've nearly finished...



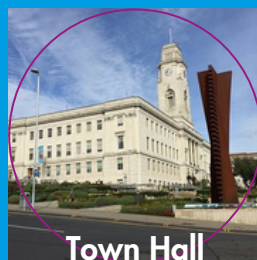
The Whaley Lap

It is the furthest place on the course, so runners will need the support.



The Emmanuel Church

You can see the runners twice and it's the final bit of the climb on the way back to town



Town Hall

You could see the runners twice and possibly beat them to the finish line!



The finish line in The Glass Works Square, of course!

Barnsley Junior Fun Run

This year marks the first town centre junior fun run. This run is for children aged 8 to 14 and is a **2-lap** route around the town centre, starting at **11:30am**.



Participants will take on 4 exciting themed zones:

- Hype Highway
- Water Blast Alley
- Bubble Boulevard
- Victory Lane

Race Numbers

Number collection will be hosted in the Market Entrance at The Glass Works reception desk.

- Thursday 25 June between the hours of 11am - 5pm
- Friday 26 June between the hours of 11am - 5pm
- Saturday 27 June between the hours of 12.30pm - 3.30pm

Please fill in the details on the back of your child's race number.

On the day

Race HQ and registration will be hosted in The Glass Works. Please head to the indoor market entrance within The Glass Works, where you will be able to:

- Pick up your child's number
- Make sure you have enough safety pins to attach the number to your child's top
- Ask any last minute questions
- Make that last-minute toilet trip
- Assemble to start the race!

Toilets are located in The Glass Works beside the multi-storey car park lifts and at Market Kitchen. Last number collection is at **11am** on the day.

Assembling at the start line and child pickup

Children will need to be dropped at the start line outside of the Falco Lounge from **11am**. This area is fenced in.

Children will finish the run and receive their medal in this same area. Please make your way here to collect your child.

Important information: Your child's running number will have a baggage tag at the bottom. It is important that you remove this tag and keep it safe whilst your child is running. The baggage tag corresponds with your child's race number meaning we can validate each adult collecting their child.



Volunteers

Volunteers are an essential part of the success of any event, and we're excited to offer the opportunity to be a part of our running event in Barnsley.

As a volunteer, you'll play a crucial role in the delivery of the event, from assisting with registration to handing out water to runners or supporting with road closures to ensure the event can safely go ahead.

Your support will help make sure the event runs smoothly and safely for all participants.

Volunteering is also a great way to meet new people, gain experience, and give back to your community. Join us and be a part of making this event a success!

If you're interested in getting involved in volunteering at the 10k, please email Barnsley10k@barnsley.gov.uk.

Policies

- As an adult participating in an adult event, I declare that I am 17 years of age or over on the day of the event.
- Participants between the ages of 15 and 17 will need permission from their parent or guardian to ensure they can participate in the Barnsley 10k.
- I declare that I will not compete in the race unless I am medically fit on the day of the race.
- I enter this race entirely at my own risk. The organisers will not be liable for any personal injury or death, no matter how it was caused.
- I accept that the organisers and sponsors of the race, or any of their agents, will not be liable for any loss, damage, action, claims, costs or expenses which may arise in consequence of my participation of this event.
- I am fully aware of all associated risks involved with participating in this event.
- By entering this race, I give my permission to the race organisers, its sponsors, assignees and licensees to use or authorise others to use photographs, motion pictures, recordings, data or any other record of my participation in this event for any legitimate purpose without remuneration.
- I will listen to and respond to the advice given by race officials and marshals.
- Headphones and/or earphones must not be worn unless they are of bone conducting technology. Wearing earphones/headphones will null and void my entry and result in disqualification.
- Event cancellation: If, for reasons beyond the control of the promoter, including an 'Act of God' due to unforeseen, naturally occurring events that were unavoidable, the event which applicants have entered is cancelled or postponed, the promoters will not issue a refund and entrants waive away any rights to a refund due to event cancellation.
 - The promoter will do their utmost to stage the event and ensure applicants have the reasonable opportunity to participate.
- In the event of adverse weather or any other prevailing circumstances mean that the race is to be cancelled, details will be recorded on the website and on the Facebook page.
- Participants must not transfer their number to another individual in the view that they are gifting the place to someone else whether this be as a gift or for a nominal figure without completing the official transfer process. If, for any reason, participants cannot take part in the event we welcome transferring places through the official channels and through our race provider, RaceBest.
 - Participants must not complete the race without completing the official transfer process. If found to be doing so, both participants will be disqualified and England Athletics will be notified.

Most of all...
thank you and
see you on
Sunday 28 June

In the meantime, keep up to date on social media...



Barnsley Sport & Physical Activity Team



What's Your Move

