



RESOURCES SUPPORTING PROFESSIONALS WORKING WITH CHILDREN AND YOUNG PEOPLE AFFECTED BY CHILD SEXUAL ABUSE



**BARNSELY
SAFEGUARDING**
CHILDREN PARTNERSHIP



About this Guide

Purpose of the Guide

This guide brings together a comprehensive directory of resources designed to support professionals working with children and young people affected by child sexual abuse. It provides an accessible overview of services available across Barnsley, alongside national organisations. You will also find information on training opportunities to help practitioners strengthen their knowledge, skills, and confidence when identifying, responding to, and supporting children and families.

Our aim is to offer a practical, easy-to-use reference guide that signposts you to the right support at the right time - whether you are seeking local pathways, national expertise, or professional development to enhance your practice.

This directory was created in March 2026, and the information included is current as of that date.

If you are aware of any changes to existing services or would like to suggest additions, please email the BSCP

(barnsleysafeguardingchildrenpartnership@barnsley.gov.uk)

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Services available in Barnsley to support Children, Young People and Families

1.1 1001 Days

Provides targeted support for children and families from pregnancy through to the child's second birthday. The service works with families where there is risk of harm or where harm has already occurred, delivering disruption activity to prevent further incidents and interventions that promote safety and wellbeing. Support spans the full continuum from Getting Help to Getting Risk Support, with a strong emphasis on strengthening parent–infant relationships, building parental confidence, promoting healthy child development, and ensuring safety and stability.

Website: <https://barnsley.cloud.servelec-synergy.com/Synergy/1001daysteam.aspx>

1.2 Youth Association

The Youth Association delivers youth work across Barnsley, offering fun, inspiring and developmental opportunities that help young people build confidence, achieve their ambitions, and develop essential life skills. Their teams work in communities throughout the borough, including rural and more deprived areas, through both centre-based and detached youth work.

They also deliver the StreetSafe initiative, offering workshops on topics such as:

- Substance use and harm reduction
- Risk and consequences
- Sexual health
- Healthy relationships
- Stop and search rights

The Youth Association has recently received funding to run a dedicated group for young women who may be at increased risk of low confidence, exploitation, body image concerns, or unhealthy relationships.

Website: <https://youth-association.org/our-programmes/>

1.3 Barnsley Sexual Abuse & Rape Crisis Services (BSARCS)

BSARCS provides specialist therapeutic and wellbeing support to children and young people affected by sexual abuse. Therapy is usually delivered weekly from BSARCS premises, with remote sessions available where appropriate. The children's therapy team use a range of modalities including art, play and drama therapy, EMDR (Eye Movement Desensitization and Reprocessing), EFT (Emotionally Focused Therapy), hypnotherapy, psychotherapy, and trauma-focused CBT (Cognitive Behavioural Therapy).

Where a child is not yet ready to engage in formal trauma therapy, BSARCS offers flexible wellbeing support focused on safety, stabilisation, coping strategies, and removing practical barriers to recovery. Sessions can take place at BSARCS, in school or college, at home, or in the community. Trauma-informed sessions for parents/carers are also available while a child is receiving support. BSARCS is part of the South Yorkshire Sexual Violence Partnership and is commissioned to provide Independent Sexual Violence Advocacy (ISVA) to children and adults involved in the criminal justice process. Children's ISVAs (CISVAs) offer holistic support from first disclosure through to the completion of investigations and/or court proceedings.

Support for adults is also available and may be helpful for parents or carers who are victims themselves or who are struggling with the impact of their child's experience of abuse.

Website: <https://www.bsarcs.org.uk/get-informed/about-us/>

1.4 Barnsley College

Barnsley College provides a universal safeguarding offer that includes induction and tutorial sessions to help students understand professional boundaries, recognise abuse and exploitation, and know how to raise concerns. Students are signposted to both internal and external support services. Tutor-led sessions run throughout the academic year, focusing on healthy relationships, consent, and staying safe from exploitation and harm. Students can also access in-house emotional wellbeing and mental health support, with referrals to specialist services where needed.

1.5 Barnsley Support Hub

The Barnsley Support Hub provides free mental health support for anyone aged 18 or over in a safe, welcoming, and supportive space. No referral or appointment is needed. The team offers emotional, social, and practical support for people who are in crisis or feel they may be approaching a crisis.

Support is available in person, by phone, or via video call. Visitors can drop in for a conversation or access one-to-one support from trained professionals. The Hub also helps individuals create staying-well and crisis plans, and signposts them to other organisations that may be helpful.

Website: <https://www.mhm.org.uk/barnsley-support-hub>

1.6 Base71 Youth Zone

Base71 Youth Zone is open seven days a week for young people aged 8–19, and up to 25 for those with additional needs. It offers a wide range of activities, support sessions, and opportunities that promote personal growth, confidence, and development. Base71 provides a safe and encouraging space where young people can access guidance, take part in positive activities, and build supportive relationships.

Website: <https://www.base71youthzone.org/>

1.7 Branching Minds

Branching Minds Barnsley brings together local Mental Health Support Teams (MHST) and Child and Adolescent Mental Health Services (CAMHS) into a single, joined-up service. This integrated approach helps children, young people, and their families access the right mental health and emotional wellbeing support at the right time, with more seamless pathways between services. Support requests can be made centrally through the combined service.

Website: <https://compass-uk.org/services/compass-be-barnsley-mental-health-support-team/>

1.8 BSAFE

BSAFE works to protect children and young people in Barnsley from risks outside the home, including online exploitation and community-based harm. The team works closely with South Yorkshire Police, schools, and local services to raise awareness, prevent exploitation, and safeguard those at risk. BSAFE delivers online safety campaigns for young people, including targeted content on platforms such as Snapchat to help them recognise grooming. They also use virtual-reality sessions with young people and families to build understanding of online risks. Targeted support is provided to children identified as being at higher risk of Child Sexual Exploitation (CSE) or Child Criminal Exploitation (CCE), alongside education sessions delivered across the borough. Operationally, BSAFE works with police on proactive activity, including plain-clothes patrols to identify and respond to concerning behaviour. They also support partners, families, and professionals by offering tools, resources, and training to encourage open conversations about online safety and exploitation.

1.9 BYouth

BYouth supports young people aged 11–19, and up to 25 for those with additional needs, through centre-based and outreach youth work across Barnsley. The service offers early help, targeted support, and a wide range of positive activities that build confidence, wellbeing, and essential life skills.

Youth centres operate in Barnsley Town Centre, Cudworth, Dearne, Hoyland, Penistone and Wombwell, delivering sessions on mental health, relationships, risk-taking behaviours, online safety, education support and personal development. Bespoke programmes are available for young people with SEND (via referral) and for LGBTQ+ groups aged 13–19.

BYouth also leads on youth voice across the borough, including the Barnsley Youth Council, themed youth forums, and participation services for children in care – such as the Care4Us Council, advocacy support, and the independent visitors mentoring scheme.

Website: <https://www.barnsley.gov.uk/services/children-young-people-and-families/young-people/byouth-young-peoples-service/>

1.10 CAMHS (Child and Adolescent Mental Health Services)

CAMHS provides specialist mental health assessment, treatment, and support for children and young people experiencing moderate to severe emotional, behavioural, or mental health difficulties. The service offers a range of interventions delivered by a multi-disciplinary team, including psychologists, therapists, mental health nurses and psychiatrists. CAMHS supports children, young people and their families through tailored care plans, therapeutic interventions, crisis input and ongoing mental health support where required. Referrals are made through Branching Minds or other approved pathways depending on need.

Website: <https://www.southwestyorkshire.nhs.uk/services/camhs-barnsley/>

1.11 Chilypep (Children and Young People's Empowerment Project)

Chilypep is a charity focused on empowering children and young people by amplifying their voices and giving them meaningful opportunities to influence decisions that affect their lives. The organisation provides safe, youth-led spaces where young people can meet, connect, and take part in programmes centred on mental health, wellbeing, personal development, and finding safe support outside the home. Chilypep offers a range of groups and projects designed to help young people build confidence, strengthen resilience, and stay connected to supportive communities.

Website: <https://chilypep.org.uk/about-us/>

1.12 Compass Be Barnsley – Mental Health Support Team (MHST)

Compass Be Barnsley MHST provides free, confidential mental health and emotional wellbeing support for children, young people, and their families within Barnsley education settings. The team offers early intervention, advice, and practical strategies for pupils and students, as well as guidance for schools in supporting mental health needs. Support can be requested centrally through the joined-up service.

Website: <https://compass-uk.org/services/compass-be-barnsley-mental-health-support-team/>

1.13 Equipt Therapy Services

Equipt Therapy Services provides high-quality therapeutic support delivered by experienced therapists who are trained to work with vulnerable children and families. The service supports families with children who are adopted, on a Special Guardianship Order, or looked after, where a therapeutic package is needed.

The team can offer guidance to social workers on the most appropriate therapeutic plan for a child and are happy to provide advice prior to any formal referral being made.

Website: <https://www.equipttherapy.com/>

1.14 Exodus

Exodus works with children and young people, particularly those from less advantaged communities, to support them in making positive life choices. The project focuses on steering young people away from harmful behaviours and creating opportunities for personal growth, skill development, and raising aspirations. Exodus runs a variety of clubs, groups, and activities across the borough to help young people build confidence, connect with others, and access supportive role models.

Website: <https://exodusproject.org.uk/our-work>

1.15 Family Hubs

Family Hubs are one-stop-shops where families can access a wide range of support within their local community. They offer help from pregnancy through early childhood and into later childhood, supporting families with children up to 19 years old, or 25 for young people with special educational needs and disabilities (SEND). Family Hubs make it easier for families to get the support they need. This can include help with:

- Becoming a parent
- Infant feeding
- Parenting support
- Understanding family relationships
- Mental health and wellbeing
- Signposting to services that can help
- Information about local groups and activities for families

Website: <https://barnsley.cloud.servelec-synergy.com/Synergy/>

1.16 IDAS

IDAS provides support for people who have experienced domestic and/or sexual abuse. Their offer includes 1:1 outreach, guidance for those going through the criminal justice process, and support for adults and children affected by sexual abuse. They also deliver specialist support for LGBTQ+ people, men, and individuals who sell or swap sex. In addition, IDAS provides training to raise awareness of sexual abuse and strengthen professional understanding.

Website: <https://idas.org.uk/>

1.17 Harmful Sexual Behaviour Pathway

Barnsley's HSB Pathway provides a secondary-prevention approach to help practitioners across universal and targeted services identify and respond effectively to children and young people who display harmful sexual behaviours. As many cases of child sexual abuse are perpetrated by other children, early recognition and coordinated responses are essential to reducing harm within families and communities.

The HSB Hub offers specialist advice, guidance and case consultation for social workers, early help practitioners and partner agencies. This support builds practitioner confidence and skills through a tiered approach – ranging from prevention to protection – and helps ensure safe, consistent and informed responses.

Targeted and specialist support includes:

- Working with children and families where there is risk of, or experience of, child sexual abuse
- Disruption activity to prevent or stop ongoing abuse
- Interventions aimed at preventing further offending and reducing harm to victims

Specialist HSB responses may involve:

- Initial advice discussions for practitioners, including schools (via the IFD education representative)
- A multi-agency HSB Panel to coordinate assessments, safety planning and interventions
- HSB case consultations offering specialist insight, resources and guidance
- Co-allocated work through the HSB Hub, providing specialist assessment, individual intervention plans and risk management, supported by psychology-led case formulation when required

Universal Offer:

- Training to help professionals confidently identify and respond to problematic or harmful sexual behaviour
- Practice development across children's services and partner agencies to strengthen shared responsibility for responding to HSB
- Updated procedures, practice guidance and multi-agency training
- Bespoke training for specific groups, including police, public health nursing, SEND services and foster carers

Contact details for Barnsley HSB Hub: hsb@barnsley.gov.uk

1.18 Kooth

Kooth provides a free, safe and anonymous online emotional wellbeing community for children and young people. Accessible 24/7, 365 days a year, the platform offers discussion forums, self-help tools and a wide range of digital resources.

Accredited counsellors and qualified emotional wellbeing practitioners are available for text-based chat sessions from 12:00pm–10:00pm, Monday to Friday, and 6:00pm–10:00pm on weekends. All support is delivered directly through the Kooth website, allowing young people to seek help confidentially and at their own pace.

Website: <https://www.kooth.com/>

1.19 MIND

MIND offers a range of emotional wellbeing and mental health services, including one-to-one counselling and group sessions. Support is available for adults and for young people aged 11–25. Private therapy sessions are also available for children aged 5–18. The service takes a person-centred approach, providing a safe and supportive space for children and young people to explore their feelings, develop coping strategies, and strengthen their emotional wellbeing.

Website: <https://www.rbmind.co.uk/>

1.20 My Body Is My Body Foundation

The My Body Is My Body Foundation delivers a creative, child-friendly safety programme that uses song and movement to teach children aged 5 and upwards about consent, body autonomy, and healthy relationships. The programme has been translated into over 70 languages and adapted for the deaf community, making it widely accessible.

The foundation also provides free online courses designed to equip professionals, parents, and communities with essential knowledge on child abuse prevention and safeguarding. These courses offer step-by-step guidance on how to deliver the My Body Is My Body programme confidently and effectively.

Website: <https://mbimb.org/>

1.21 Night OWLS

Night OWLS is an overnight listening and support service offering a single point of access for children and young people experiencing emotional distress or crisis. It provides confidential support for those who may be struggling to cope, feeling unsafe, or simply needing someone to talk to.

Contact details:

- Call: 0800 148 8244
- Text: 07984 376950

Night OWLS can help if a young person is in crisis, finding life difficult, or needing immediate emotional support during the night.

1.22 Public Health 0–19 Nursing Service

The Public Health 0–19 Nursing Service provides health information, advice and support to children and young people aged 0–19, as well as to parents, carers and school staff. Support is delivered flexibly, at home, in schools or within the community, and includes health promotion activities alongside individual health assessments where these are needed.

If there are concerns about a child or young person's health, wellbeing or development, referrals can be made by parents, carers, teachers or other professionals. Young people can also access advice and support directly through their secondary school or by contacting the Single Point of Access (SPA).

Single Point of Access (SPA): 01226 774411

1.23 Reds in the Community

Reds in the Community is a registered charity delivering a wide range of community programmes on behalf of Barnsley Football Club. Their work focuses on Health and Wellbeing, Education and Employability, Inclusion and Participation, offering activities and support for both adults and young people. A variety of programmes run across the borough to help individuals develop skills, improve confidence, and stay active and connected.

Website: <https://barnsleyfccommunity.co.uk/about/>

1.24 Snowdrop Project

The Snowdrop Project is a Sheffield-based charity supporting and empowering survivors of modern slavery and exploitation — including intrafamilial abuse — across South Yorkshire. The service helps individuals recover from trauma and rebuild their lives through holistic, long-term support.

Their approach covers key areas such as independent living, physical and mental wellbeing, community engagement, education, and employment. Support is delivered through a social-work-informed casework programme, an in-house counselling service, property renovations, and a range of community activities.

The Snowdrop Project also provides training for professionals on exploitation and modern slavery.

Website: <https://www.snowdropproject.co.uk/>

1.25 Spectrum Sexual Health Service

Spectrum provides comprehensive sexual health services across the Barnsley area. This includes a full range of contraception options, emergency contraception, pregnancy testing, STI testing and treatment, and support for managing long-term sexual health conditions.

A specialist young people's drop-in clinic is available for under-19s every Wednesday from 3–5pm.

Key areas of support include:

- Contraception
- Emergency contraception
- Pregnancy testing
- STI testing
- STI treatment
- Management of long-term sexual health conditions

Website: <https://spectrum-sexualhealth.org.uk/our-clinics/barnsley-clinic/>

1.26 Talking Therapies

NHS Barnsley Talking Therapies provides free, confidential support for people experiencing a range of mental health difficulties. The service offers evidence-based treatments, including Cognitive Behavioural Therapy (CBT) and counselling, delivered by trained professionals to help individuals manage symptoms and improve their wellbeing.

The service is available to anyone aged 16 or over who is registered with a GP in Barnsley.

Website: <https://barnsley-talkingtherapies.nhs.uk/>

1.27 YMCA Barnsley

YMCA Barnsley supports children, young people and families by offering safe, engaging opportunities that build confidence, resilience and community involvement. Their programmes aim to empower young people through stimulating activities that promote personal development and wellbeing.

Programmes include:

- The Unity Project: For children and young people aged 8–14 living in the Central Area, offering after-school clubs, youth clubs and holiday activities.
- Youth Resilience Project: For young people in the North Area, providing detached youth work, after-school sessions and school holiday provision.
- Youth Clubs: Safe, supportive spaces for young people, including dedicated SEND youth clubs as part of the Short Breaks offer, with creative activities, social opportunities and skill-building.
- Detached Youth Work: Outreach in local communities, offering positive activities as alternatives to anti-social or risky behaviours, using outdoor, creative and family-focused engagement.
- Green Projects: An allotment and two community orchards providing environmental activities and opportunities to connect with nature.
- Peer Support, Voice & Influence and Young Volunteering: Young people take active roles as volunteers, peer supporters and youth leaders, helping shape services and supporting others.

Website: <https://www.ymcabarnsley.org.uk/community-youth-work/>



National Services

2.1 1in6

The 1 in 6 is dedicated to supporting men who have experienced unwanted or abusive sexual experiences. The charity provides a range of resources, including free and anonymous online support groups, trauma-informed trainings, and survivor stories. It aims to help men live healthier, happier lives and offers information and supportive resources for family members, friends, partners, and service providers

Website: <https://www.1in6.uk/>

2.2 Catch 22

Catch 22 provides access to self-help resources via the 1in6 website, specifically designed for survivors who self-identify as male. These resources offer information, guidance and support to help individuals understand and process their experiences at their own pace.

Website: <https://www.catch-22.org.uk/>

2.3 Child Exploitation Disruption Toolkit (Home Office)

The UK Government's Child Exploitation Disruption Toolkit is designed for frontline practitioners to help safeguard children from sexual and criminal exploitation. It outlines how to identify exploitation, share intelligence effectively, and use a range of tactical disruption tools — both legal and non-legal — to protect children and disrupt harm.

Website: <https://www.gov.uk/government/publications/child-exploitation-disruption-toolkit>

2.4 Childline

Childline is a free, confidential counselling and support service provided by the NSPCC for children and young people under 19. It offers help with a wide range of issues, including mental health concerns, bullying, family difficulties, self-harm and sexual abuse.

Children and young people can also create a free Childline Locker (no real name or email needed) to access 1-to-1 text-based counsellor chats and email support safely and anonymously.

Opening times:

- 24 hours a day, 7 days a week

Contact:

- Phone: 0800 11 11
-

2.5 Circles of Support and Accountability

Circles of Support and Accountability (Circles) provides a community-based approach to supporting and managing people with harmful sexual behaviours who are living in the community. The model focuses on safety, accountability and reducing the risk of further harm through structured volunteer-led support alongside professional oversight.

Circles UK is the national body responsible for ensuring the quality, coordination and effectiveness of Circle providers across the country.

Website: <https://circles-uk.org.uk/>

2.6 Galop

Operated by Safeline

A dedicated service for adults and children in England and Wales who have been affected by rape or sexual abuse and identify as male. Support is also available for family members, friends, and others involved.

Opening times:

10am – 5pm, Monday to Friday

(Open until 8pm on Wednesdays and Thursdays)

Helpline: 0800 999 5428

Email: help@galop.org.uk

2.7 National Male Survivor Helpline and Online Support Service

Provides specialist support for anyone affected by sexual violence or abuse. The service also works to educate, influence, and drive positive change. A 24/7 sexual violence support line is available for anyone aged 16 and over.

Helpline (operated by Safeline): [0808 800 5005](tel:08088005005)

2.8 PANTS

NSPCC has created lesson plans, slides, and classroom activities in partnership with the PSHE Association to help schools and nurseries teach the PANTS rules in a simple, child-friendly way — without using scary language or mentioning sex.

Website: <https://www.nspcc.org.uk/advice-for-families/pants-underwear-rule/>

2.9 Rape Crisis England & Wales

Provides specialist support for children who have experienced sexual abuse or who may be at risk, offering dedicated services through the UK's leading children's charity.

Support Line: 0808 500 2222 or chat online at 247sexualabusesupport.org.uk

2.10 StopSO

Provides specialist therapy across the UK for people who have committed, or are at risk of committing, sexual offences, including those struggling with troubling thoughts. StopSO also offers support for families affected by sexual offending, and therapeutic services for survivors. Their focus is on prevention, early intervention, and helping individuals and families access safe, professional support.

Website: <https://stopso.org.uk/>

2.11 Sexual Assault Referral Centres (SARCs)

A Sexual Assault Referral Centre (SARC) can offer confidential medical and practical support to people who have recently been raped or sexually assaulted. SARCs are usually provided by the NHS.

Find the referral centre: <https://www.nhs.uk/service-search/sexual-health-services/find-a-rape-and-sexual-assault-referral-centre>

2.12 Stop It Now Campaign, Lucy Faithfull Foundation

Provides specialist training, assessments, interventions, and case consultancy focused on child sexual abuse and harmful sexual behaviour. They work with a wide range of organisations — including children's services, adult services, education, and healthcare — as well as with individuals. Their work supports children and families across the UK, with all projects aimed at preventing child sexual abuse.

Website: <https://www.lucyfaithfull.org.uk/>

2.13 CSA Centre

The CSA Centre works to improve how child sexual abuse is understood and responded to. Their multidisciplinary team brings together research, practice, and policy expertise to combine evidence with frontline experience. They aim to strengthen the skills, knowledge, and confidence of professionals, influence policy, and drive systemic change to better protect children.

Website: <https://www.csacentre.org.uk/>

2.14 The Children's Society

Supports young people aged 8–24 who are at medium or high risk of exploitation and who may not be able to access other services. The programme offers one-to-one therapeutic support, group sessions, and help for parents and carers. C.A.R.E. works to prevent child sexual exploitation, help young people recognise unhealthy or abusive situations, and rebuild their confidence and trust.

The service also partners closely with local schools, helping them understand exploitation, supporting teachers to deliver sessions, and training professionals across the community to recognise the signs of child sexual exploitation.

Website: <https://www.childrenssociety.org.uk/what-we-do/our-work/preventing-child-sexual-exploitation>

2.15 Victim Support

Provides support to anyone affected by crime — not only those directly harmed, but also friends, family members, and others involved. A live webchat service is available.

They also offer specialist support for children and young people through their dedicated website, You & Co.

Opening times:

24/7

Helpline: 0808 168 9111

2.16 Young Minds

Supports young people to look after their mental health and wellbeing, and empowers the adults in their lives to provide effective support. Young Minds also helps young people build confidence, express their views, and influence positive change in the world around them.

Website: <https://www.youngminds.org.uk/about-us/>



Training Offer to Support Practitioners

3.1 BSCP Training

Barnsley Safeguarding Children Partnership provides a comprehensive multi-agency training programme to support practitioners working with children, young people, and families across Barnsley. Our offer is informed by partnership priorities, national and local learning, Child Safeguarding Practice Reviews, audits, data and practitioner feedback. Training is regularly reviewed to ensure it remains responsive to emerging safeguarding issues and supports confident, skilled frontline practice.

We deliver a blended programme including face-to-face sessions, virtual Lite Bite briefings, and e-learning modules, enabling flexible access for all professionals. Many sessions are developed and delivered in collaboration with partners such as BSARCS or IDAS. All training is available via [POD](#).

Examples of training available include:

Communicating with Children Who Have, or May Have Been, Sexually Abused

This session explores how practitioners can safely and sensitively communicate with children who may have experienced sexual abuse. It covers:

- Core messages about child sexual abuse and why professional conversations matter.
- What commonly prevents practitioners from talking openly about sexual abuse.
- The communication barriers children can face when trying to share their experiences.
- Key skills professionals need to support safe, child-centred conversations.
- How to help children feel able to speak about what has happened.
- Practical guidance on what professionals can ask, say and explore within their role.

Children and Young People Who Have Displayed Harmful Sexual Behaviour – An Introduction

This introductory session is designed to build practitioners' confidence in identifying, understanding, and responding to harmful sexual behaviour (HSB) displayed by children and young people. It provides a clear foundation for recognising concerns and knowing when and how to take appropriate action.

The session covers:

- What healthy sexual development looks like and how it differs from harmful sexual behaviours.
- How to identify and distinguish between healthy and concerning behaviours using a screening tool.
- Key contributing factors to help practitioners explore context and understand what may be driving the behaviour.
- Case studies illustrating appropriate initial responses.
- When and how to seek additional advice or specialist support.
- Relevant signposting, resources, and where to find further guidance.
- An overview of Barnsley's Harmful Sexual Behaviour (HSB) Pathway.

Financially Motivated Sexual Extortion (FMSE)

This session introduces practitioners to financially motivated sexual extortion (FMSE), helping them build awareness, strengthen confidence, and respond safely to victims and families.

The session covers:

- What FMSE is, including the scale, prevalence and growing nature of the crime.
- The impact of FMSE on victims and survivors, including emotional, psychological and financial harm.
- How professionals can support victims and survivors effectively and sensitively.
- Creating awareness through education for children, young people, parents and carers.
- How to challenge victim-blaming attitudes within the context of FMSE and promote safer conversations.

Learn Together, Lead Together – Mini Sessions

These short learning sessions provide up-to-date information on the current safeguarding landscape and strengthen practitioners' awareness of the tools and resources available to respond effectively to child safeguarding concerns. Each session focuses on a key area of practice, offering practical guidance that can be applied immediately.

The sessions include:

- Child Sexual Abuse – The Response Pathway
- Child Sexual Abuse – Supporting Parents and Carers
- Child Exploitation Screening Tool
- Barnsley HSB (harmful sexual behaviour) Pathway

Supporting Those Working With Families Affected by Child Sexual Abuse

This session strengthens practitioners' confidence in supporting parents and carers when a child has been sexually abused. It explores what families may experience, how professionals can respond safely and sensitively, and what effective support looks like in practice.

The session covers:

- Why parents and carers need support, and the importance of a compassionate approach.
- Key elements of supportive, child-centred practice.
- Common emotions parents may experience and how these can influence their responses.
- How to answer parents' questions about the abuse in a clear and reassuring way.
- Explaining what support will be offered to the child and how the process works.
- Common misconceptions about child sexual abuse and how to address them confidently.

What You Need to Know About Child Sexual Abuse

This session provides practitioners with essential knowledge about child sexual abuse, helping them recognise concerns, understand how abuse happens, and respond safely and confidently. It offers a clear foundation for professionals working across all agencies.

The session covers:

- How common child sexual abuse is and what current evidence tells us.
- How and where child sexual abuse occurs, including hidden and less-recognised contexts.
- Understanding who sexually abuses children and the dynamics involved.
- Identifying signs of child sexual abuse and knowing how to respond appropriately.
- The impact of child sexual abuse on children, young people, and families.
- An introduction to sexual offending behaviour and why professional curiosity is essential.

Designated Safeguarding Lead Seminar

This seminar strengthens the knowledge and confidence of Designated Safeguarding Leads (DSLs) by providing a clear understanding of their role, responsibilities, and the safeguarding arrangements required to keep children safe. It supports DSLs to respond effectively to concerns, guide staff, and embed good practice within their organisation.

The session covers:

- A clear overview of the roles and responsibilities of the Designated Safeguarding Lead.
- Key legislative requirements, statutory guidance, and good-practice expectations.
- What safeguarding arrangements should be in place, and how to make appropriate referrals for support.
- How to respond when safeguarding concerns are raised, and how to support staff to recognise and act on worries.
- An overview of key safety topics and Barnsley-specific pathways.
- Understanding the current thresholds for referrals to Barnsley Children's Social Care.

3.2 Other Training

In addition to the BSCP multi-agency programme, practitioners can access a wide range of specialist national training opportunities to further strengthen their skills, confidence, and understanding of child sexual abuse.

- **CSA Centre – National Training and Events**

Offers evidence-informed webinars, briefings and practitioner workshops covering key areas such as child sexual abuse identification, responding to disclosure, supporting parents, harmful sexual behaviour, and professional curiosity.

Browse upcoming sessions:

<https://www.csacentre.org.uk/events/>

- **BSARCS – Specialist Training and Events**

Provides training delivered by specialist sexual violence professionals, including sessions on trauma-informed practice, supporting survivors, understanding sexual violence, and developing safe organisational responses.

View the events programme: <https://www.bsarcs.org.uk/events/>

These external opportunities complement BSCP's local training offer and support ongoing professional development across the wider safeguarding partnership.



Thank You for Supporting Children and Young People

This directory has been created to help practitioners, parents, carers and partners access clear, reliable information about services that support children and young people affected by child sexual abuse, exploitation, and harmful sexual behaviour.

Across Barnsley and beyond, a wide range of organisations offer specialist advice, therapeutic support, advocacy, training and practical guidance. We hope this directory helps you find the right support at the right time - whether for a child, a family, or for your own professional practice.

If you are worried about a child
Please speak to your safeguarding lead or contact:
Children's Social Care: 01226 772423
Emergency: 999

If you need further advice or want to update this directory
Please contact the Barnsley Safeguarding Children Partnership (BSCP)
Email: barnsleysafeguardingchildrenpartnership@barnsley.gov.uk