

Does Your Child's School or Nursery Have a Supervised Toothbrushing Club?

What is a Supervised Toothbrushing Club?

A Supervised Toothbrushing Club gives children the opportunity to brush their teeth together once a day at school or nursery using fluoride toothpaste, under the supervision of trained staff. The programme is designed to help children develop good oral health habits and support healthy teeth from an early age.

Why is it important?

Tooth decay is one of the most common health problems affecting children in Barnsley, but it is largely preventable.



Benefits for children

- 🦷 Helps protect teeth from tooth decay and cavities.
- ★ Builds healthy brushing habits for life.
- 🏫 Helps reduce time missed from school due to dental problems.
- 👨👩 Encourages toothbrushing routines at home.

Benefits for adults

- 🦷 Extra support in establishing healthy habits.
- 🪥 Reinforces importance of brushing twice a day.
- 🏫 Works alongside your family's usual toothbrushing routine at home.
- 👨👩 Helps give your child the best start.

If your child's school or nursery does not currently run a Supervised Toothbrushing Club, why not ask if they would consider taking part?

Ask them to email oralhealth@barnsley.gov.uk