

Group around the Person (GAP)

What is it

A meeting(s), arranged by a worker with you and people you trust to

- Identify solutions
- Help you put them into action

What can it help me with

- You might be struggling with hoarding and need support to de-clutter
- Family or friends/neighbours might be taking money from you or making you feel uncomfortable (this is adult safeguarding)
- You might be struggling to care for yourself, but don't want "strangers" in your house/life (paid workers)
- Other issues?

What do I /my family friends have to do

- you and your family/friends must be willing to work together – we need volunteers
- Be willing to agree a "to do" list and work on this between meetings. Meetings will be arranged at times to suit you and your support network
- Give feedback to your GAP worker about whether things are improving or not

Who are GAP workers

- These are workers you already know who have completed some training to help you use trusted people to work with you

Do I have a choice

- Yes, you can tell us you don't want family/friends involved
- You can try it and decide its not for you, that doesn't mean you can't try again later

Any other questions

- If you have a worker involved with you, please ask them about it, we have a small group of GAP trained workers, working in housing, safer neighbourhoods, adult social care, community nursing, voluntary sector.